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SANIBEL & CAPTIVA ISLANDS, FLORIDA

NOVEMBER 13, 2015

NOVEMBER SUNRISE/SUNSET: 13 6:45 • 5:40 14 6:46 • 5:39 15 6:47 • 5:39 16 6:48 • 5:38 17 6:48 • 5:38 18 6:49 • 5:38 19 6:50 • 5:37



Kathy Brier



Jeanette Fitzpatrick

Musical Pairings Featured In Strauss Season Opener

Be they romantic or confrontational or just plain silly, duets have a way of capturing the ear like no other songs. BIG ARTS opens its 2015-16 theater season with an original musical revue that celebrates these musical pairings, in *Duets*, running from November 20 to December 3 at the Strauss Theater, 2200 Periwinkle Way on Sanibel.

Duets stars a duo of Broadway divas, Kathy Brier and Jeanette Fitzpatrick, and features selections from Broadway hits like *Wicked*, *Jekyll & Hyde*, *Miss Saigon*,

continued on page 7

Pair Of Concerts To Raise Awareness For Water Quality



Brent Moyer and JRobert Houghtaling

submitted by Kristie Anders,
education director, SCCF

JRobert Houghtaling, Brent Moyer and Austin Church are accomplished musicians in their own right. On Saturday and Sunday, November 21 and 22, they will be joining forces to raise awareness about the Caloosahatchee and the estuaries cradled by Sanibel and Captiva.

On Saturday, the trio will be playing at Jensen's Twin Palm Marina from 4 to 6 p.m. Then on Sunday from 1 to 3 p.m., they will be blending their music on the porch of the SCCF (Sanibel-Captiva Conservation Foundation) Nature Center.

Along with the music, SCCF scientists and policy staff will be on hand to answer questions about their studies and current issues in the water.

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Wines In The Wild This Saturday

SCCF'S annual wine tasting fundraiser – Wines In The Wild – has silent and live auctions focusing on food, wine and unique experiences. The evening festivities, scheduled for this Saturday, November 14, from 6 to 8 p.m., will feature the following live auction items:

- A cocktail cruise for 16 on a 75-foot Hatteras yacht with hors d'oeuvres catered by The Lighthouse Café.
- A wine dinner for eight at Sweet Melissa's, featuring a special menu and wines from event chair Tom Uhler's wine cellar.
- A sunset sail for 18 on Captiva Cruises' *Adventure* sailboat with food and drinks from Tween Waters Inn.
- A cocktail party for 24 at the Bailey Homestead Pavilion with hors d'oeuvres from Leslie Adams Catering.

The silent auction items include a bayfront condo vacation package, painting, flower arranging and yoga lunch parties, theatrical and musical performance tickets, and plenty of wining and dining options. A 50/50 drawing will also take place. Buy three tickets for \$25 and receive a hand-painted wine stopper donated by iloveshelling.com's Pam Rambo.

Bids can be placed in advance by calling Wendy Cerdan at 472-2329. Bidders need not be present to win.

The presenting sponsor is Bank of the Islands. The event is open to all residents and visitors.

Reservations can be made by calling SCCF at 472-2329. Cost is \$75 per person in advance; \$85 at the door. Wines in the Wild will be held at the SCCF Nature Center, 3333 Sanibel-Captiva Road.✱



Melinda Roy (pictured) and Chris Gourley will welcome aboard the winners of Yachting into the Sunset, one of many auction items at SCCF's Wines in the Wild evening



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Sanibel Salutes Veterans Among Municipal Workforce

Today, the City of Sanibel salutes the veterans among the island's municipal workforce. As stated by Mayor Kevin Ruane, "As a community and a nation, we salute all of our veterans including those who are city employees. It takes courage to serve and protect a nation and for that we are grateful to each of you." The names of the veterans of U.S. military service currently employed by the City of Sanibel, their city department and their branch of service are:

Shaun Barcum, Police Department, Army
 Rodd Bell, Public Works, Navy
 Mike Claney, Information Systems Department, Navy
 James Evans, Natural Resources, Army
 Matthew Fannon, Recreation Department, Marines
 Michael Frensley, Planning Department, Air Force
 Lance Henninger, Police Department, Navy
 James Holovacko, Police Department, Army
 Randall King, Recreation Department, Army
 Gordon Kraft, Public Works, Navy
 James Isom, Administrative Services Department, Army
 Chad Maik, Police Department, Air Force
 Joshua Ooyman, Planning Department, Marines
 Kelsey Reed, Public Works, Army
 Michael Smith, Police Department, Army
 Arthur Stallsmith, Public Works, Navy
 Anthony Thompson, Police Department, Marines
 James Williams, Public Works, Air Force

"Every veteran is an American hero, and we honor each and every one. It is a special privilege to recognize this very distinguished group of city employees, those who sacrificed and served to protect our liberties and freedoms," added Sanibel City Manager Judie Zimomra.✱

Share your community news with us.
 Call 395-1213, Fax: 395-2299
 or email press@islandsunnews.com

American Legion Post 123

On Sunday, November 15, American Legion Post 123 will hold a fish fry from 1 to 8 p.m. Cost is \$10.95.

The Ladies Auxiliary is taking orders through November 22 for pumpkin pies, which will be available for pick up Wednesday, November 25.

the All City Ping Pong Championships will be held Sunday, November 22 from 4 to 9 p.m.

On Mondays, the 8-Ball Pool League plays at 5 p.m. Come by and watch

some great action.

Every Tuesday, tacos are served all day. Hump Day specials are served all day on Wednesdays.

On Fridays, a six-ounce ribeye steak sandwich is available all day. There are daily specials as well as the popular half-pound burgers. Food is served from 11 a.m. to 8 p.m. The public is welcome.

If you have a flag that needs to be retired, drop it off at your convenience.

Hours are Monday through Saturday from 11 a.m. to 9 p.m. and Sunday from noon to 9 p.m.

American Legion Post 123 is located at Mile Marker 3 on Sanibel-Captiva Road. For more information, call 472-9979.✱

The Condominium Associations of Sanibel, Inc.

Annual Kick-Off Breakfast

Good News for Sanibel Condominiums
 A Study by the Highlands Group

Clubhouse at The Sanctuary * Wednesday, November 18th

8:00 Registration * 8:30 Breakfast Buffet * 9-10 Speakers

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Island Seniors At The Center 4 Life

Meet your friends and make some new ones at the Center 4 Life. Browse through the following activities, then stop by to sign up.

Trash & Treasures Sale will be held November 14 from 9 a.m. to 2 p.m. The center is still accepting donations of clean, gently used items. All items are tax deductible. Bring them to the Center 4 Life Monday through Friday between 8 a.m. and 3:30 p.m. Please, no books, clothes, shoes, computers or old TVs. If you have any questions, call 472-5743.

Page Turners with Ann Rodman – If you would like to be on the Page Turners list, email annrodman@aol.com or contact the Center 4 Life.

The featured book for Wednesday, November 18 is *The Girl on the Train* by Paula Hawkins. This is a physiological page turner following three women who cross paths before and after a gruesome crime. It debuted at number one on *The New York Times* ebook fiction list.

Naples Botanical Gardens – Tuesday, November 17. Cost is \$37 for members and \$42 for non-members.

Experience the growing magic of Naples Botanical Garden. Then join the group for a trip to the Naples Zoo to see lions, giraffes, monkeys and more. The trip includes admission to the zoo and guided tour through the botanical gardens. Depart from Center 4 Life at 8:30 a.m. Transportation is not included.

Carpoolers/carpooling arrangements to be made. The registration deadline is Friday, November 13. Paid registration reserves your seat.

Complimentary Diabetes, Glaucoma, Hearing and Blood Pressure Screenings by Sanibel-Captiva Lions Club – Wednesday, November 18, 9:30 a.m. to 12:30 p.m. All screenings will take place at the Center 4 Life. The diabetes test uses a tiny drop of blood extracted with an almost painless prick of the finger, which is then read by a blood glucose meter in five seconds. The glaucoma test checks peripheral vision and eye pressure, which can detect existing eye damage and/or provide predictive information. The Lions screeners have been trained and certified by a doctor and use all appropriate methods to insure antiseptic conditions and privacy during the screening. Screenings are performed on a first come, first served basis. Call the center for more information. 472-5743.

Island Seniors, Inc. Annual Members Meeting – Friday, December 11 at 11:30 a.m. All Center 4 Life members are invited and encouraged to attend this informative and entertaining event. At the meeting, you will learn about the center's many activities throughout the year, the financial standing and you will have an opportunity to elect new board members.

The featured guest speaker will be Ray Fenton, local architect. He has been in the area for over 30 years. A few of his island projects include Ferry Landing,

Jerry's Shopping Center and Beachview Golf Club (now Sanibel Island Golf Club). He will discuss the current trend of Aging in Place, focusing on older adults wanting to continue to live a full life in their own homes. Fenton will explain ways to modify your home to continue living comfortably and safely.

Games

Bridge – Monday and Wednesday at 12:30 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes will be awarded.

Mahjongg – Thursday at 1 p.m. Cost is \$2.50 for members and \$5 for non-members. Prizes are awarded.

Tuesday Kayaking – and November 17 and 24 (weather permitting) at 8:30 a.m. There is space for 16 people on eight two-person kayaks and limited space for those who own their own kayaks. Island Seniors will provide kayaks, paddles and life jackets. Bring water, a small snack, sun lotion, bug spray, sunglasses, towel, hat and change of clothing. Cost is \$5 for members and \$10 for non-members. Advance registration is required.

Fitness Classes

Classes are available and all ages are welcome. Island Seniors, Inc. members pay \$4 per class or visitors \$7 per class. Annual membership is \$20. Sanibel Recreation Center members must show their membership card to attend.

Happy Hour Fitness – Monday, Wednesday and Friday at 8 a.m. This class keeps your brain fit and your heart, lungs and muscles strong with a combina-

tion of aerobics and muscle conditioning exercises and balance. Hand weights, stretch cords and your body weight will be used. Class begins with a joke and ends with a positive thought for the day. Athletic footwear required. Silvia Villanueva is the instructor.

Essential Total Fitness – Monday, Wednesday and Friday at 9:30 a.m. Cardio, muscle strengthening and flexibility training with hand weights, stretch cords, chairs and stability balls. Athletic footwear required. Mahnaz Bassiri is the instructor.

Power Hour Fitness – Tuesday and Thursday at 8 a.m. Hand weights, stretch cords, stability balls and mats are used. Improve core strength and balance. Athletic footwear required. Mahnaz Bassiri is the instructor.

Gentle Yoga – Tuesday and Thursday at 9:30 a.m. Stretch, tone and strengthen while improving flexibility, proper alignment and circulation. Mats are used to meet the needs of varying experience levels. Bring a towel. Kim Kouril is the instructor.

Chair Yoga – Tuesday and Thursday at 11 a.m. Similar to Gentle Yoga but all poses are done in a chair. Kim Kouril is the instructor.

For more information, call 472-5743 or stop by 2401 Library Way.✱

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Zonta members on the Sanibel Causeway

Zonta Taking A Stand To End Violence

submitted by Dalia Jakubauskas, The Zonta Club of Sanibel/Captiva

On Tuesday, December 1, Zonta clubs from Lee County and their supporters will be Taking A Stand In The Sand on the Sanibel Causeway to call attention to a world-wide epidemic of violence against women. Members of the Zonta clubs of Fort Myers, Bonita Springs and Sanibel will be dressed in a blaze of orange, the official color of Zonta International's Zonta Says NO campaign to end violence against women.

December 1 falls during Zonta International's (ZI) 16 Days of Activism which begins November 25, ZI's common day of action and the United Nations

International Day for the Elimination Of Violence Against Women. During this period, more than 1,200 clubs and 30,000 Zontians around the globe will stage events to raise awareness of the issue through local service and advocacy initiatives.

Look for Zontians holding signs proclaiming "Zonta Says NO To Violence Against Women" on Sanibel Causeway Island B from 10 to 11 a.m. Educational materials will be provided by the Zonta Club of Sanibel/Captiva's local service partners including, Abuse Counseling and Treatment, Inc. (ACT), Human Trafficking Awareness Partnerships, Inc., PACE Center For Girls of Lee County, SalusCare (formerly SWFAS and Lee Mental Health) and Friends In Service Here (F.I.S.H.). These agencies offer services to victims of domestic violence and other crimes, such as rape and human trafficking.

The Fort Myers and Bonita Springs clubs also work with ACT and HTAP as

well as Our Mothers Home of Southwest Florida, which provides teen mothers and their children a safe haven from violence and human trafficking.

Prior to the event on the causeway, Zontians from the Sanibel/Captiva club and representatives from their service partners will be on hand on Tuesday, December 1 at 9 a.m. for a regular meeting of The Sanibel City Council when the city will issue a proclamation declaring their commitment to "Just Say NO" to violence against women. The public is encouraged to attend the city council meeting as well as the Take A Stand In The Sand event and wear orange to show their support.✱

Sign Up For Rec Center Program

To take advantage of the Early Bird rates, you must register by November 16 for the 2015 -

2016 Sanibel Recreation Center After School Program Winter Trimester. Stop by the Sanibel Recreation Center at 3880 Sanibel Captiva Road.

The After School program runs Monday through Friday from 2:10 to 5 p.m. throughout the school year. It is available for children ages Kindergarten through sixth grade. Offered again this year will be trimester payment options. The After School Program registration fees for the Fall Trimester (November 23 to March 4) are as follows:

Early Bird Rates are \$223 for members and \$279 for non-members. Registration by November 16.

After Early Bird Rates are \$268 for members and \$335 for non-members. Registration on or after November 17.

A supervised seventh and eighth grade program is also available Monday through Friday from 2:10 to 5 p.m. throughout the school year with the purchase of a Recreation Center membership.

Financial assistance is available to families of program participants based upon individual need. For more information, call the Sanibel Recreation Center at 472-0345.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information, call the Sanibel Recreation Center at 472-0345 or visit www.mysanibel.com.✱



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2016 Sanibel Scenes Calendars

feature photos of local scenery and wildlife taken in and around Sanibel, so they are close to home.



In addition to the beautiful pictures, each month contains some tidbits of information or personal advice you should know.

This is the third consecutive year for these popular calendars, and they are available at these island favorite stores:

Bailey's General Store
Bailey's at Sundial
CVS Pharmacy
Doc Ford's
Island Pharmacy
Jerry's Foods
Suncatcher's Dream
Tuttle's Seahorse Shop

I ♥ Sanibel bumper stickers are also available at these favorite island stores.

Service At St. Michael's A Prelude To Thanksgiving

St. Michael and All Angels Episcopal Church will offer its second contemplative Taizé service on Wednesday, November 18 at 6 p.m. The half-hour service consists of candlelight, a brief scriptural reading for reflection, prayer and music.

This month's service is devoted to prayers and songs of Thanksgiving. According to St. Michael's Rector Ellen Sloan, participants will experience "a gentle, peace-filled ritual of candlelight, music, prayer and silence, and a sacred space to hear God speaking."

Sloan said, "We invite everyone to come to pray, to sing and be silent – to dwell for a moment in a place of peace from our hectic, outside world and to thank God for our blessings."

The Taizé service, originating in the 1940s in a monastic community in southern France, seeks to inspire Christian ecumenism. A popular destination for pilgrims, it attracts as many as 7,000 seekers each week of all faiths.

Celebrated at dusk, the Taizé service moves according to its own meditative rhythm,



St. Michael's Senior Warden Anne Stewart, Rector Ellen Sloan and Eucharistic Minister Lee Almas light candles in preparation for the Taizé service

photo by Jan Holly

through song, psalm reading and silence. The core of the service is sung prayer, which consists of hypnotically repeated lines and Biblically inspired texts. Participants immerse themselves in the simple, but profound melodies and harmonies of the musical prayer. At the service's apogee is a contemplative silence, which occurs in place of a sermon or spoken meditation. "Individuals can carry the serenity of the Taizé practice into their daily lives," Dr. Sloan said.

Light refreshments will be served at a reception after the service.

The church is located at 2304 Periwinkle Way. For more information, call 472-2173 or go to saintmichaels-sanibel.org.✱

From page 1

Strauss Opener

and more. The all-live show also singles out some of the best duets from pop music, from Judy Garland and Barbara Streisand's famous rendition of *Happy Days Are Here Again/Get Happy* and the Grammy-winning *Islands in the Stream* to Martina McBride and Kelly Clarkson's recent hit *Does He Love You?*

Kathy Brier starred as Tracy Turnblad in the Broadway production of *Hairspray*, taking over the role from Tony Award-winner Marissa Jaret Winokur. Other roles include Fanny Brice in *Funny Girl*, Libby Tucker in *I Oughta Be In Pictures* and Rizzo in *Grease*. Brier is best known for her role as Marcie Walsh McBain on the ABC soap opera *One Life To Live*, which earned her a Daytime Emmy nomination.

Jeanette Fitzpatrick received critical acclaim for her performance in the Chicago cast of *RESPECT: A Musical Journey of Women* at the Chicago Center for the Performing Arts, and recently appeared in Musicals Tonight's revival of *Smile at The Lion Theatre* in New York City. She sang the national anthem at U.S. Cellular Field for the Chicago White Sox, does voiceover work in commercials and films, and her short film, *The Mid-Lifers*, was an official 2015 selection of the Garden State Film Festival.

"There's something magical about the way two fantastic voices can come together," said director and creator Bobby Logue. "Duets takes the best of this magic and presents it in an upbeat, fun show that will leave you smiling – and maybe even singing along."

Duets runs for 11 performances from November 20 to December 3; visit www.bigarts.org/theater for specific dates and times. Tickets are \$30 for adults, \$5 for students/children and are available at the Strauss Theater box office, by calling 472-6862 or online at www.bigarts.org. Cabaret seating is also available, and ticketholders can enjoy concessions in the lovely tropical Presidents Garden, starting at 6 p.m. before each show.

Duets is sponsored by Antonette & Bruce McDonald.

For more information, contact info@bigarts.org or call 395-0900.✱

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The Community House

Meditation Class

Meditation is widely accepted as a pathway to better health and greater happiness. Many people have tried meditation by taking courses or reading books. Some people stick with it, but many feel that they have failed because they couldn't quiet their minds. This assessment is based on a fundamental misunderstanding of meditation.

With proper instruction, success is guaranteed. This workshop teaches meditation in a contemporary way, maintaining respect for ancient tradition while incorporating and referencing modern neuroscience. The technique is easy and natural, and rigorous research has validated its effectiveness. In addition to many health benefits, meditators experience a pronounced shift away from fear-based perceptions to a world view characterized by acceptance and joyfulness.

The course is from 10 a.m. to noon. The price for members is \$89, guests are \$99. There are three sessions. Session 1: Thursday, November 12. Session 2: Monday, January 25, Wednesday, January 27 and Friday, January 29. Session 3: Monday, March 21, Wednesday, March 23 and Friday, March 25.

Colorful Sips

The Community House is hosting evening art and wine parties with local artist Sissi Janku, who will encourage the artist within to complete a masterpiece. Member price is \$45, non-members are \$55. The Colorful Sips painting classes will be held on the following Wednesdays from 7 to 9 p.m.: November 18, December 2, December 16, January 6, January 20, February 3, February 17, March 16, April 6 and April 20.

No experience is necessary. All the materials will be provided. Bring your favorite wine and a snack for sharing

with fellow artists. This is a relaxed opportunity to create an original work of art.

For a detailed schedule of these and all other painting classes offered by Janku, visit www.sissijanku.com. Her work is on display at Island Style Gallery.

Call 472-2155 for reservations.

Love Your iPhone/iPad

IPhones and iPads are extraordinary devices that keep you connected to friends, family and the world. They can enrich your life in new and exciting ways but they can also be intimidating. This workshop is designed for the beginner wanting to master the basics. It provides an easy on-ramp to really love your Apple mobile device.

The course covers setup, navigation and safe use. An extensive handout recaps the course for mastery to continue at home. Topics include techniques to improve efficiency, use of the Cloud, exploration of specific high value apps and how to fall in love with Siri. Cost is \$40 for members and \$45 for non-members.

Classes will be held from 9:30 to 11 a.m. with an hour allotted for questions until noon. Beginner's classes will take place on the following Thursdays: November 19, January 7, February 11 and April 7. The intermediate class will take place on the following Thursdays: December 3, January 28 and March 10. Students for these classes are asked to update their iPhone's operating system to the most recent iOS option prior to coming to the class.

Register by calling 472-2155 or on the website www.sanibelcommunityhouse.net.

Free Health Screenings

The Sanibel-Captiva Lions Club in conjunction with The Community House will be offering free Health screenings for Diabetes, Vision and

Hearing at The Community House on Saturday, November 21, from 9:30-12:30. All are welcome!

Thanksgiving Celebration

All island residents and visitors are invited to attend the annual Sanibel Community Thanksgiving Celebration at The Community House on Sunday, November 22, beginning at 6:45 p.m.

A holiday tradition on Sanibel, the community-focused celebration will include Thanksgiving customs in music, words and song. Complimentary cookies and apple cider will be served.

Admission to this event is free, with donations of non-perishable foods for FISH of Sanibel-Captiva Food Pantry gratefully accepted.

Knife Sharpening

Are you looking for a simple, convenient way to get all of your kitchen knives, gardening tools and hair scissors sharpened? Come out to The Community House on Monday, November 23, from 9 a.m. to 2 p.m., to drop off your knives and tools to be sharpened by the highly recommended Keith Kappelman. Mr. Kappelman is a professional sharpener and will be at the house to sharpen any appliances you may have in your home! You may drop off your tools and knives the day of the event and then pick up your newly sharpened items 9 a.m. to 3 p.m. the FOLLOWING week. This unique and convenient service is a day to be sure not to miss here at The Community House!

Here are the following price listings for each tool. Regular low cost kitchen knives: \$2.50 per inch; High quality kitchen knives: \$3 per inch; Kitchen scissors: \$7; Upholstery scissors: \$12 (depending on quality); Hair scissors: \$12; Garden loppers: \$9; Hedge scissors: \$10 (depending on length).

Beading Classes

All ages are invited to learn the intricate art of beading with shells and other treasures of the sea. Classes are kept small for one-on-one instruction. There is a minimum of three people and a maximum of 10 for these projects. Classes will be held on Wednesdays: November 25, December 2 and 16, January 20, February 3, March 23, April 6 and 20. Anita Gober is the instructor. All supplies and tools are included in the price. If you typically wear reading glasses, you should bring them. The cost for each class is \$35 for members and \$40 for guests. Advanced classes will be scheduled ad hoc for \$50 for three hours for members. You can see some of Gober's work at Pandora's Box in Tahitian Gardens.

Paper Crafts

Create unique greeting cards to share with friends and family. Instructor Carol Morris will introduce you to your creative side. At each workshop, a variety of greeting cards will be made for all occasion, special events and holidays. A variety of techniques will be shared including stamping, embossing, cutting, creative folding

and embellishing. The workshop fee includes everything you need to create three handcrafted cards. The fee per class is \$25 for members and \$25 for non-members. Classes will be held from 9:30 a.m. to 12:30 p.m. on the following Tuesdays: January 19, February 16 and March 15. Prepayment is required. Call 472-2155.

Free Energy Workshops

Karen L. Semmelman, director of Semmelman Energy Center, will host a series of workshops on Optimizing Your Health, based on Eden Energy Medicine (EEM). Six monthly two-hour workshops are on the agenda. All workshops are held and sponsored by The Community House.

Workshops will be held on the following Wednesdays:

December 2, 6 to 8 p.m. Boost focus and memory with Energy Medicine tools.

January 6, 4 to 6 p.m. Balance and coordination a challenge? Regain your rhythms easily with Energy Medicine exercises.

February 3, 6 to 8 p.m. Pain over-riding your life? Loosen the congestion with Energy Medicine tools.

March 9, 4 to 6 p.m. Use Energy Medicine tools to create movement and looseness for joints troubled by arthritis, stiffness and replacements.

April 6, 6 to 8 p.m. Body, mind or spirit in overdrive? Unleash the innate ease with Energy Medicine

Semmelman, EEM-AP, JD, a matrimonial lawyer for 30 plus years, is an advanced Eden Energy practitioner, teacher and inspirational speaker.

For more information, email ksemmelmanenergy@gmail.com.

Chalk Painting

Learn how to chalk paint with Carla. All materials are provided including choice of paint, a coordinating color wax and brush, as well as the frame and full instruction. Each person will be painting an old garage sale picture frame. You will learn how to turn a tired ugly frame into a unique custom piece that you will want to use in your home or give as a gift.

Chalk paint is easy to use and dries quickly, so the frame you paint in class will be ready to take home that day. If you have a piece at home that you would like to bring in and begin its transformation, feel free to bring it. Sometimes there is even a contest to see who can bring in the ugliest piece to paint. You must be able to carry it inside.

The classes on Tuesday, January 26, Tuesday, February 16 and Tuesday, March 22 will take place from 6 to 9 p.m. Cost is \$70 for members, \$75 for guests. Pre-payment and registration are required. Call 472-2155. Cancellation fees may apply. Minimum number of students required.

The Community House is located at 2173 Periwinkle Way. For more information, visit www.sanibelcommunityhouse.net or call 472-2155.✱



See our updated architecture

<http://sanibelcommunityhouse.net/renovation-campaign/>

- The Community house has been a social gathering place since 1927
- Over 50,000 people utilize YOUR Community House yearly



"I have been coming to the house for over 12 years and have met many new friends and enjoyed many of the programs that are offered. This historical house is important to our community." Lynette Kelly



Sanibel Historical Museum and Village

SANIBEL HISTORICAL MUSEUM ANNOUNCES ITS 2015-16 TWILIGHT TALKS

Dec. 10: Join us on a sentimental journey on the Lady Chadwick remembering “The Watering Holes of the 1940s” – Andy’s, Timmy’s Nook, and Jack’s Place – and other trivia. Your narrator will be Paul McCarthy, owner, Captiva Cruises, and Commodore, Captiva Island Yacht Club. Presented by the Captiva Historical Society and the Sanibel Historical Village. 4 to 6 p.m., \$20 per person. Limited to 100 guests.

Jan. 7: Join us for the inaugural showing of a film presented by Shawn Holiday, producer, WGCU Public Television, in recognition of the African-American contributions to the history of Sanibel. This film will be housed in the village’s Caretakers’ Cottage.

Feb. 11: “You say tomato, I say tomah-to” – Sanibel tomah-to, that is – renowned from Sanibel to the Plaza Hotel in New York City! Hear local personality and lifelong resident of the islands Betsy Eidem as she stirs, chats, and shares old island recipes and stories with great humor. Enjoy some of her tomato and other treats with a glass of wine.

April 5: Discussing the historical issues that led to the Sanibel Plan and its enduring legacy. Speakers to be announced.

MARK YOUR CALENDAR!

PROGRAMS AT 7 P.M. IN SHORE HAVEN AT THE VILLAGE.

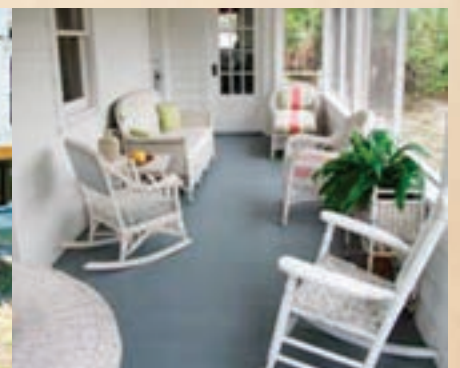
SEATING LIMITED; RESERVE YOUR SEAT TODAY.

Series sponsored by The Foundation of the Islands and the Sanibel Captiva Trust Company.

Purchase a series ticket for \$50 to ensure your reservation; individual tickets are also available.

RSVP to Emilie Alfino, Sanibel Historical Village, 239-472-4648, or email info@sanibelmuseum.org, mailing address 950 Dunlop Road, Sanibel, FL 33957.

Your payment is your reservation.





Cattails
City Of Sanibel Vegetation Committee

The Quandary Over Cattails

Cattails are a strikingly tall, native wetland plant with a unique flowering spike that resembles the look of a cat’s tail, hence the name. Even though they are attractive, filter the water, and provide habitat, many homeowners who live on a lake or a pond view them as a nuisance because of their tendency to grow in thick, impenetrable stands. They can certainly block views and you, the homeowner, may fear their ability to actually fill in the body of water. And therein lies the quandary.

Consider these pros and cons before deciding whether or not to manage cattails on your property.

Let’s start with the cattail PROS:

- Cattails provide habitat for frogs, lizards, worms, insects, and small fish which are all yummy and nutritious food for our birds. The cattail communities evolve with the fluctuation in water level, therefore, are always able to provide habitat.

- Although various birds visit the cattails for food, the common moorhen and grackle build nests in them, which provide the advantage of protection for their chicks before they fledge.

- Importantly, the cattails are continually filtering the lake water and storing the algae-producing nutrients in their leaves.

- The extensive root system of a stand of cattails helps stabilize your lake’s bank by preventing erosion.

- Cattails growing along the bank deter alligators from basking on the shoreline.

- Cattails are strikingly attractive and a beneficial addition to your wetland landscape.

Now the cattail CONS:

- Cattails grow and spread vigorously either by breezes dispersing their fluffy seed heads or by their underground root system, called rhizomes.

- Cattails are competitively superior in stable water conditions and can ultimately

crowd out other plants and grasses.

- A dense community of cattails can create drainage and silting problems by impeding the flow of water in storm water management ditches.

- Spraying chemicals in waterbodies in order to treat cattails can have direct and indirect negative effects on water quality and wildlife.

- After herbicide application, dead cattails can be unsightly and the cattail detritus (dead plant material) will release additional nutrients back into your lake or pond

So what’s a property owner to do? The City of Sanibel’s Natural Resources Department offers these recommendations:

- Choose a “no management approach” in natural water bodies or wetland areas.

- In man-made lakes and ponds, consider these non-herbicide options first:

- Selectively trim cattail leaves back to the roots once a year, during late summer, and discard the trimmings. In doing

so, you are exporting harmful nutrients that have been filtered from the water and stored in the cattail leaves. The plants will grow back and begin to take up polluting nutrients again as they leaf out.

- Remove cattails completely by cutting the plants below the water line several times a year and dispose of the trimmings. This deprives the rhizomes of nutrients and eventually will cause the plant to die.

- If you opt to treat cattails with herbicide, leave a portion of the cattails untouched for wildlife habitat and water filtration and only treat the most problematic cattails. The remaining cattails can be sprayed by a licensed contractor with an aquatic herbicide effective on emergent plants like cattails. Be aware that overspraying might harm other plants that you do not want eradicated or that are protected native species. Whenever possible, dead cattails should be removed from the shoreline and disposed of properly.

- Mechanical removal of cattails by a city licensed company is another option for large, dense areas of cattails. However, this method of removal can be costly and have a harmful impact on other nearby native vegetation.

Before beginning any cattail management activity, be sure you understand the city’s regulations, and if needed, obtain a proper permit and hire a licensed contractor.

A property owner or homeowners association will need to obtain a vegetation permit for the aquatic herbicide spraying of cattails. If mechanical removal is proposed a vegetation and development permit are required.

Homeowners or landscape companies may not spray chemicals into “waterways of the state” – any body of water that connects to state waters, or into water retention ponds that were permitted by the South Florida Water Management District (SFWMD). Only a city-licensed company with an approved permit and valid state of Florida herbicide applicators license can use chemical herbicides in these areas.

If a permit for aquatic herbicide spraying of cattails is approved, the property owner or the homeowners association can contact either Lee County Hyacinth Control District (LCHCD) or a city licensed lakeside management company to do the spraying. Although LCDHC will spray cattails at no charge to the property owner, the dead cattails will not be removed and nutrients stored in the detritus will be released back in the lake or pond over time. Whenever possible, property owners should have dead cattails removed from the shoreline and disposed of properly (horticultural waste). LCHCD may also request that large neighborhoods and homeowners associations coordinate their requests for cattail spraying in order to maximize efficiency of their efforts.

Keep in mind that any action to minimize cattails may allow alligators to bask on newly exposed lake banks. Property owners and contractors working at the water’s edge are reminded to use extreme caution and take all necessary precautions to avoid an alligator encounter.

An active management plan is necessary for a balanced lake ecosystem that not only allows for reasonable views, but also benefits the existing wildlife and protects water quality. We hope making informed decisions on cattail management will be easier with this information in your arsenal. Happy wildlife viewing at your water’s edge.

The Natural Resources Department section of the city’s website, www.mysanibel.com, offers information and photos of native plants, a listing of licensed contractors, Sanibel’s vegetation standards and codes, and the Environmental Reference Handbook prepared by the city’s vegetation committee. The vegetation committee also offers free native plant tours of the grounds at city hall at 10 a.m. on the second Wednesday and fourth Saturday of the month from November to April. For more information, contact the Sanibel Natural Resources Department at 472-3700.✧



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CASI Breakfast To Highlight Returns On Renovations

A recent study of Sanibel accommodations by an industry consultant found that renovating a unit on Sanibel can increase rental revenue an average of \$16,667 per year, increasing the sales price of that unit \$160,000 to \$200,00. Sanibel property managers said that their owners who have renovated have seen rental revenues increase \$35,000 to \$50,000 a year.

Results of the study will be featured at the November 18 CASI (Condominium Associations of Sanibel, Inc.) breakfast meeting.

The study, commissioned by the Lee County Visitor and Convention Bureau, was done by The Highlands Group of Atlanta. Pamela Johnson of the VCB will be present to elaborate on findings of the study as well as share insights from other industry experts who have visited island properties over the summer. Dru Doyle of Ocean's Reach will share how that association has begun to implement property-wide renovations.

Peggy Berg, founder of The Highlands Group, said that wise and modest unit renovation investments on Sanibel can be recouped in two years. In addition to increased revenue and resale value,

a renovated unit costs significantly less in maintenance and utilities. Her report found that only 10 percent of visitors found Sanibel more expensive than expected, a clear indication, Berg said, that rate increases would be accepted and expected. According to the study Sanibel rates have increased three percent as compared to an industry norm of 12 percent.

The study also found that modest property improvements increase quality of life and property values at the association level, attracting visitors and buyers that can be an asset to the association.

Berg, an international travel consultant, said that the 70s and 80s architecture found on the islands is becoming

popular again and with not much effort or expense can be transformed to a modern look that is attractive to today's travelers.

Reservations for the CASI breakfast can be made by calling 334-2138 by

Friday, February 13. The breakfast will be held at The Sanctuary Clubhouse. Registration is at 8 a.m., breakfast buffet, 8:30 and speakers from 9 to 10 a.m. Cost is \$15 for condominium board members and staff; \$25 for all others.✪

Council Accepting Applications For Planning Commission

Sanibel City Council is currently accepting applications for the planning commission. The deadline for submitting an application is noon Monday, November 30. Applications are available at Sanibel City Hall, 800 Dunlop Road. Submit application by fax to 472-3065, or mail to attention City Clerk, Sanibel City Hall, 800 Dunlop Road, Sanibel FL 33957. For more information, call 472-3700.✪

Republican Caucus Cancelled

submitted by Robb Moran

The meeting of the Sanibel/Captiva Republican Caucus, previously scheduled for Saturday, November 14, has been cancelled due to unforeseen circumstances. Additional information for upcoming meetings to follow.✪

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Sanibel Rental Service

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Phone # 239-472-1101



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Study. www.orthodox-faith.com, 481-2099

BAT YAM-TEMPLE OF THE ISLANDS:

The Reform Congregation of Bat Yam
Temple of the Islands meets for Friday
night services at 7:30 p.m. in the
Fellowship Hall of the Sanibel
Congregational United Church of Christ,
2050 Periwinkle Way. Rabbi Myra Soifer.
For information call President Martin
Pokedoff at 239-395-2544.

CAPTIVA CHAPEL BY THE SEA:

The Reverend George E. Morris
Services every Sunday 11 a.m. through
April 24, 2016. 11580 Chapin Lane on
Captiva. 472-1646.

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2950 West Gulf Dr., Sunday 10:30 a.m.;
Sunday School 10:30 a.m., Wednesday
evening meeting 7:30 p.m.; Reading room
open, Monday, Wednesday and Friday
10 a.m. to 12 p.m. (November through
March), Friday 10 a.m. to 12 p.m. (summer
hours). 472-8684.

SANIBEL FELLOWSHIP, sbc

Join us for worship Sunday mornings
9 a.m. Bible Study and 10 a.m. Worship
Service at The Community House,
2173 Periwinkle Way. 239-671-5502.

SANIBEL COMMUNITY CHURCH

1740 Periwinkle Way, Sanibel, 472-2684
Dr. Daryl Donovan, Senior Pastor

Sunday Worship Hours: 8 a.m. Traditional
in historic Chapel. 9 a.m. Contemporary
and 11 a.m. Traditional in main Sanctuary.
10:15 a.m. Courtyard Fellowship. 9 and 11
a.m. Bible classes. Childcare available at
all services.

SANIBEL CONGREGATIONAL UNITED CHURCH OF CHRIST:

2050 Periwinkle Way 472-0497
The Reverend Dr. John H. Danner, Sr.
Pastor. The Reverend Deborah Kunkel,
Associate Pastor. 7:45 a.m. Chapel
Service, 9 and 11 a.m. Full Service with
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ST. ISABEL CATHOLIC CHURCH:

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Pastor Reverend Christopher Senk,
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Mass 8:30 and 10:30 a.m., Daily Mass
Wednesday, Thursday and Friday 8:30
a.m. Communion Service Monday and
Tuesday 8:30 a.m. Holy Days call.

ST. MICHAEL & ALL ANGELS

EPISCOPAL CHURCH:

5 p.m. Saturday Eucharist, 8 and 10:30
a.m. Sunday Eucharist, 10:30 a.m. Sunday
School, 9 a.m. Tuesday Morning Prayer, 9
a.m. Wednesday Healing Eucharist, 6 p.m.
First Wednesdays Prayer and Potluck. 6
p.m. Third Wednesdays Taizé Service.
472-2173, www.saintmichaels-sanibel.org

UNITARIAN UNIVERSALISTS OF THE ISLANDS:

Meets on the first Sunday of each month
from December through April at the
Sanibel Congregational Church, 2050
Periwinkle Way at 5 p.m. A pot luck is held
at a member's home on the third Sunday
of each month. For more information call
433-4901 or email ryi39@aol.com.*



Kekoa Otalvaro, Emma Noggle, Gretta Livermon, Kelyse Schafer and Kahanu Otalvaro
laugh with glee Harrison Jones throws leaves on them

The Leaves Are Falling

During a lesson on fall, youngsters at Summit Christian Preschool on Sanibel
had fun playing with a box full of autumn leaves that Harrison Jones' grand-
ma sent him from Kansas. The preschool, at Sanibel Community Church,
1740 Periwinkle Way, has a few openings for preschool for this year for children
who turned three and four by September 1, 2015. For information about enroll-
ment, call Kathy Stanley at 482-7007.*

Night Owls Shine



Max Doster was one of the table servers and served his table parent Sally Shelton while
Karsten Schafer served Une Jankauskaite. Kids take turns each week serving their tables
at LOGOS.

LOGOS kids at
Sanibel Community
Church experi-
enced It's a Hoot
Night on Wednesday,
November 4. There
were owl crafts, owl
cupcakes and the fam-
ily time activity was Hot
Potato in the dark with
glow bracelets and glow
balls, since owls see best
in the dark. Kids had
enchiladas, rice, beans
and oranges for dinner.
LOGOS is an intergen-
erational program for
families with kids ages 3
years through 5th grade.
For more information,
contact Kathy Cramer at
472-2694.*



Dinner Dean Cindy Sitton congratulates Faith Mitchell for win-
ning a glow ball in the family time called It's a Hoot Night

SANIBEL COMMUNITY CHURCH PRESENTS

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OBITUARY

ELEANOR HORN BROOK

Eleanor Hornbrook passed away on September 27, 2015. She was preceded in death by her beloved husband, James H. Hornbrook, her three brothers and two sisters and their spouses: Louis (Eleanor) Layton; Charles (Pat) Layton; Floyd (Vera) Layton; Margaret (Sheldon) House; Elsie (Port) Strong; brother-in-law Robert P. Hornbrook and sister-in-law Doris Hornbrook. She was the loving mother of Sherry Hornbrook; Barbara (the late Richard) Williams; Cynthia (the late Hill) Ferguson; Peggy (Ralph) Mulligan; and James H. Hornbrook, Jr. She was a loving grandmother of 12, great grandmother of 13 and great-great grandmother of eight.

Eleanor was born in Detroit, Michigan and graduated from Redford High School. Eleanor and James met when Eleanor was starting a teen youth group in her church and James had started one at St. James Episcopal Church. They married in 1941, raised their family in Detroit in the winter and Brighton, Michigan in the summer. She was vice president of the PTA for four years, then president for four years. They were members and raised their children in the parish of St. James Episcopal Church in Detroit. She was a Campfire Girls leader for four years. She belonged to Washtenaw Community College, Plum Hollow Community College and the

Huron River Hunting and Fishing Club. She moved from Bloomfield Township in 1965 and bought a farm in South Lyon, Michigan in 1972, and started Hornbrook Farms where they raced and bred trotters and pacers. In 1979, they bought a condo at Compass Point on Sanibel, then in 1980, bought their dream retirement home at Moonshadows and became members of St. Michael and All Angels Episcopal Church and joined Beachview Golf Club. Eleanor was a very active member of her church. She was a greeter, usher, president of the ECW for two years, was on the altar guild, worked at Noah's Ark and was on the vestry. She worked the soup kitchens in Immokalee, on Anderson Avenue and Dr. Martin Luther King Jr. Boulevard. She worked for FISH of Sanibel-Captiva for eight years. She loved her church and church family.

Services were held on October 21, 2015. Memorials may be sent to St. Michael and All Angels Episcopal Church, 2304 Periwinkle Way, Sanibel, FL 33957.✽

Read us online at
IslandSunNews.com

OBITUARY



FRIEDA MARIE BREMER CORRIGAN

Frieda Marie Bremer Corrigan a long-time resident of Sanibel, passed away on October 31 at Hope Hospice. During the past two years, she was lovingly cared for by her daughter Judy Hellwig and caregiver Donna Cross.

Frieda was born on July 12, 1922 in Palmyra, Indiana to Mary and William Huber. She had three siblings: Harold Huber, Virginia Weathered and William Huber. She attended a

three-room schoolhouse in Palmyra. The family later moved to the south side of Chicago, where she eventually met and married Frank Otto Bremer. They had four children: Tricia Guerrero, David Bremer, Judy Hellwig and Jeanne Vaughn. Unfortunately, Frank passed away as a result of a tragic accident on December 18, 1964. She found new happiness with Edward W. Corrigan and, on October 17, 1969, she became the loving step mother to Michael Corrigan, Robert Corrigan, Mary Joy Mayer, Thomas Corrigan, Tricia Ann Pierce and Charlie Corrigan. She was the cherished grandmother of 24 and great grandmother of 14. She was always there for her family, frequently staying up late on the couch until everyone was home, and making everyone sweaters and afghans.

Frieda was a truly caring individual. To know her was to love her. She touched everyone's life with kindness and giving. She volunteered as a guardian ad litem, assisted patients at Arden Court with craft activities and helped out at Hope Hospice. She was also very talented. Her hobbies included sewing, jewelry making, pottery, knitting, painting, stained glass, gardening and playing the piano. She would frequently give away the fruits of her labors to both family and friends.

A memorial service will be held on Thursday, November 19 at 5 p.m. at Hope Hospice, 9470 HealthPark Circle. In lieu of flowers, the family requests donations to be made to Hope Hospice.✽



F.I.S.H. of Sanibel-Captiva, Inc. cordially invites you to a community wide open house, introducing “A Home of Our Own”

Please stop by to see our new building and learn about what F.I.S.H. does for our community.

**Monday, November 16, from 1 p.m. – 3:30 p.m.
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For additional Information please contact Maggi Feiner 472-4775



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Three of 2014 volunteers: Kristin Donovan, Carol Sawyer, Michelle Ashton

Community Church To Host Event

Sanibel Community Church invites the community to participate in a Food Pack Event to help alleviate hunger in the greater Fort Myers area on Saturday, November 21, from 9 to 11 a.m. More than 60,000 meals will be packaged and given to Harry Chapin Food Bank and then distributed all over Southwest Florida. The SCC Missions Ministry is sponsoring the event and is working with Meals of Hope from Naples. This is a great opportunity for the whole family to participate in getting food to those that are less fortunate.

Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market). For further information, or to sign up for the event, contact Pastor Brad Livermon (brad@sanibelchurch.com) or call the church office at 472-2684.*

SANIBEL COMMUNITY CHURCH PRESENTS

UNBROKEN

THE UNBELIEVABLE TRUE STORY

Free Movie Night - Unbroken
Special Veteran's Night
Sunday, November 15 at 5 p.m.

You are invited to come see the powerful film, "Unbroken", enjoy delicious hotdogs, chips and sodas. Veterans will receive a special gift. It will be a great night for all as we honor those who have served.

The whole evening is FREE,
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Veterans To Be Honored At Free Movie Night At Community Church

The powerful film, *Unbroken*, will be shown Sunday, November 15 at 5 p.m. at Sanibel Community Church. The public is invited to attend, along with veteran friends. Veterans in attendance will receive a special gift, and the church will receive a love offering for Wounded Warriors.

There will be free hot dogs, chips and sodas, ready by 4:30 p.m.

Sanibel Community Church is a non-denominational church located at 1740 Periwinkle Way (next to Jerry's Market).

Worship services are at 8 a.m., 9 a.m., and 11 a.m. on Sundays.

For more information, visit www.sanibelchurch.com or call 472-2684.✱



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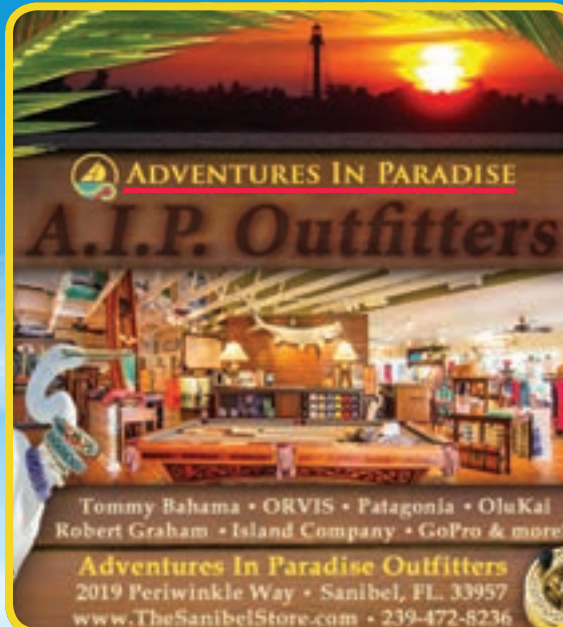
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Rotary Happenings

submitted by Shirley Jewell

Sanibel-Captiva Rotary welcomed Kurt Peters, Sanibel Captiva Lions Club president, to our podium last week to give us an overview of the club's health screening program. I don't know if many islanders are aware of this program but they should know. This is a one-stop free health screening opportunity to have your blood pressure checked, blood glucose checked (primarily for diabetes), peripheral visual fields checked, testing to determine your intraocular pressure of the eyes (glaucoma), muscular degeneration screening and a hearing test. These are painless tests that provide a quick, easy preventive check for health issues that are, unfortunately, so common for many of us, especially as we age. The Lions Club wants everyone on island to take advantage of this program and has set up five dates and locations for these Lions Club health screening opportunities:

- Center 4 Life – November 18
- The Community House – November 21
- Sanibel Recreation Center – January 14, February 15 and March 14



All screenings will take place from 9:30 a.m. to 12:30 p.m.

The Lions Club is passionate about this health-screening program and has invested in up-to-date and reliable medical screening devices. The glucose screeners are all certified by the Lions Diabetes Foundation of Multiple District 35 and are under the supervision of a physician. Equipment used is the Zeiss Humphrey FDT for peripheral visual fields, the Reichert AT 550 auto non-contact tonometer for intraocular pressure of the eyes, and ERO-SCAN or audiometer for hearing tests. When the immediate testing results are processed and the findings indicate health or vision concerns, individuals are encouraged to seek medical attention from their health care providers.

These tests are easy, convenient and free, so why wait? Drop in at one of the locations noted and have these tests done. Ben Franklin wrote, "An ounce of prevention is worth a pound of cure."

Sanibel-Captiva Lions Club also has two preschool eye and hearing screening sessions usually done in April and May. Next year's dates, times and locations for preschool screenings have not been set up yet but are held at the preschools on the island.



Kurt Peters

Sanibel-Captiva Lions also partners with many other Lions clubs in the area on health and vision screening opportunities, specifically with the Naples Lions Club and their vision-screening program in Immokalee. This location screens approximately 1,000 people a year and provides free eyeglasses to those in need.

Have you ever noticed the Lion's Recycle for Sight eyeglass collection boxes around town: Bailey's General Store, Jerry's Foods, Bank of the Islands, Snead Cataract/Eye Physicians, Island Pharmacy, the Center 4 Life, the Sanibel Library, the Sanibel Post Office, and Periwinkle Park. There is also a collection box at South Seas Island Resort on Captiva. Go around your house and collect your old glasses, even if the frames are broken and then find one of the collection boxes and just drop them in.

Glasses collected on Sanibel and Captiva are sorted by prescription assessment, separated or repaired when necessary, and cleaned here on Sanibel then sent to a Lions' collection location in Florida and are distributed in Florida.

"Just since 1990, the Lions vision programs have prevented severe vision loss or restored sight to 27 million people around the globe. Many will experience corrected vision for the first time, enabling them to read, attend school, gain employment and take care of their families," according to the Lions Club website.

Personally, I would like to see the Sanibel-Captiva Rotary Club and The

Sanibel-Captiva Lions Club work on a project together. After all, vision (Lions) is the pathway to literacy and learning (Rotary).

*The Sanibel-Captiva Rotary meets at 7 a.m. Friday mornings at The Community House on Periwinkle Way. Guests are welcome.**

Solar Choice Initiative Needs Your Help

submitted by Robin Krivanek, president, League of Women Voters-Sanibel

There was a large turnout for the San-Cap Solar Connect informational meeting sponsored by the Ding Darling Wildlife Society last week. This project to encourage the installation of solar panels by making the cost more reasonable is highly commendable, but we should also be asking ourselves why it is needed.

Here's why. In the Sunshine State, citizens are not allowed to buy solar power from anyone other than a state authorized electric utility company. You also cannot sell your surplus solar power to your neighbors. Most states do not restrict the buying and selling of solar power and so are way ahead of Florida in its development.

continued on page 20

Captiva Holiday Village Lighted Boat Parade

As part of Captiva Holiday Village, registration is now open for the Captiva Lighted Boat Parade. The parade will take place on Saturday December 12 in Roosevelt Channel on the bay side of Captiva beginning at 6 p.m. The boat parade is sponsored by Captiva Cruises.

Again this year, the entire Roosevelt Channel will have lighted navigation markers to make for easy travel down the parade route. Participants can win prizes

from any of three categories: power boats 36 feet and over, power boats 35 feet and under and sail boats of all sizes. Prizes include three day/two night stays at South Seas Island Resort and Tween Waters Inn as well as gift certificates from Key Lime Bistro, Old Captiva House, water sports package from Best Boats & Carts, \$500 gift certificate from Offshore Sailing School, golf for four at The Sanctuary County Club and a private charter from Captiva Cruises on the *Adventure* sailing catamaran. Special dockage rates are available from South Seas Island Resort, Tween Waters Inn and McCarthy's Marina for participating boats. An awards presentation will take place at Key Lime Bistro on Andy Rosse Lane after the parade.

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Register today for the Captiva Lighted Boat Parade on December 12 from McCarthy's Marina

Captiva Cruises will be offering passenger tickets to cruise in the parade and be part of the fun. You can even arrange for your own private charter on one of the Captiva Cruises boats for your own boat parade party. Contact Captiva Cruises at 472-5300 for reservations and information. Public viewing of the parade

from land is available at a parade dock party at McCarthy's Marina as well as at Tween Waters Inn and the Green Flash Restaurant.

To register your boat to be in the parade, visit www.captivaholidayvillage.com and download a registration form, or contact Brad Junghans at 472-5200.*

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At Periwinkle & Casa Ybel

Summer In November



by Capt. Matt Mitchell

Summer-like weather in November has the fish not knowing what to do. A week of record or near record highs brought our water temperature rebounding back

into the low 80s, giving anglers lots of fishing options both inshore and offshore. Most of my time on the water this week was either spent flats fishing for a great mixed bag of trout, mackerel and jacks, or running out a few miles into the gulf to fish the rampaging schools of Bonita.

Warming water has pushed the schools of Bonita and Spanish mackerel a little further offshore into the deeper cooler water from where they had been

in closer in to the beaches. Thirty to 35 feet of water straight out of Redfish Pass seemed to be the depth that these fish were most active. Running out into the gulf was a great option for anglers during the many really calm days we had all week. Run due west until you locate birds and feeding fish. Some of these easy-to-spot surface feeding schools are Spanish mackerel, then others like Bonita. The Bonita are really easy to spot as they are exploding on the surface, attracting lots of birds while they feed on the huge clouds of small baitfish.

Once you found the depth, the Bonita were feeding in, it was a matter of moving north to south to stay on the larger groups of feeding fish. This made for some crazy fast-paced fishing action. Running and gunning from school to school while firing small spoons and glass minnow jigs through the breaking fish resulted in lots of hook-ups. When these Bonita were not staying up on the surface for very long, I like to free-line a shiner and drift. This method caught lots of 'em too. If you have never caught a Bonita on light spinning gear, these fish are impressive, fighting really hard while mak-



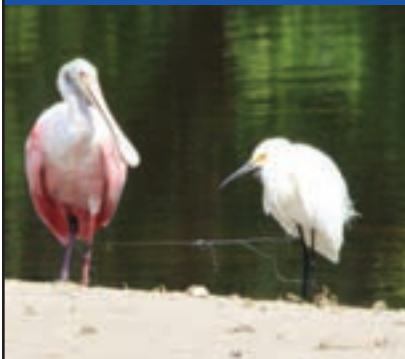
Pam Murray from Pennsylvania with a Bonita caught out at Redfish Pass while fishing with Capt. Matt Mitchell this week

Send Us Your Fish Tales

The *Island Sun* would like to hear from anglers about their catches.

Send us details including tackle, bait and weather conditions, date of catch, species and weight, and include photographs with identification. Drop them at the *Island Sun*, 1640 Periwinkle Way, Suite 2, Sanibel, or email to press@islandsunnews.com; or call 395-1213.

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ing multiple long drag screaming runs. Action on the flats in the sound was also a good choice for fast paced action with a large variety of species caught while fishing live shiners under a popping cork. Trout and Spanish mackerel made up the majority of the action although small gag grouper and black sea bass were also caught in the mix. Depths from

three to five feet in clear moving water were most productive areas and, at times, this bite would just go off. Switching up to soft plastic jigs was a blast. While fishing in Cedar Key a few weeks ago, a fellow guide turned me on to the Rainbow Plastic's B-52 popping cork. This is their go-to flats rig set up with a two- to three-foot leader, 1/4 ounce jig head and gulp shrimp. This hollow hard plastic bobber that moves up and down on a slide has BBs inside it and, unlike the typical foam popping cork rig, the BBs attract the fish even when you're not popping it, just from the motion of the waves. I have been using this plastic popping cork for the last few weeks and when fished next to a traditional Cajun Thunder set up, it just catches more fish and is a whole lot more durable than the styro popping cork rig.

Capt. Matt Mitchell has been fishing local waters since he moved to Sanibel in 1980. He now lives in St. James City and works as a back country fishing guide. If you have comments or questions email captmattmitchell@aol.com.✱



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Dave Doane

CROW Case Of The Week:

Common Snapping Turtle



by Patricia Molloy

Snapping turtles: the nightmare of every noodling red-neck (if you do not know what noodling is, then you have nothing to fear). They are commonly found in large ponds, lakes, swamps, canals and rivers. More aquatic than most turtles, they seldom sun on the warm Florida soil but can be seen swimming near the surface of quiet bodies of water. As a species, common snapping turtles (*Chelydra serpentina*) are approximately 40 million years old and are estimated to be the ancestors of 80 percent of modern turtles. An adult weighs an average of 45 pounds. However, there are records of these turtles tipping the scales at 70 pounds.

Early this month, a snapping turtle with a large carapacial (upper shell) fracture was rescued and admitted to CROW. Clinic staff recognized the all-too-familiar signs of trauma caused by being hit by a car. “His fracture sight is pretty gnarly,” said Dr. Molly. A pain medication was immediately administered to make it more comfortable while its condition could be further evaluated. “His radiographs were fine and he’s pretty mobile, even though (the fracture) is right along the spine. It’s very fragmented with a lot of soft tissue exposure,” the DVM intern continued. Before being placed in a bathtub in the clinic’s reptile room, topical antibiotics and bandages were applied to its wound and an anti-inflammatory was administered. After a just couple of days of rest and supportive care, the turtle was already showing signs of improvement. “The (swelling) has gone down and he’s pretty active and alert, so we’re just doing wet to dry (docking) for right now,” said Dr. Molly. Providing medical care to wild animals is undoubtedly very rewarding, but it does come with certain risks. Whenever feeding the snapping turtle, staff and students use extreme caution to avoid its large head and hooked jaw, as these turtles can be quite aggressive and have an extremely painful bite. “He’s pretty ferocious!” Dr. Molly said with a laugh. CROW (Clinic for the Rehabilitation of Wildlife, Inc.) is a non-profit wildlife hospital providing veterinary care for native and migratory wildlife from our local area. The hospital accepts patients seven days a week from 8 a.m. to 5 p.m. Mail donations to PO Box 150, Sanibel, FL 33957. Call 472-3644 or visit: www.crow-clinic.org.



The snapping turtle, patient #15-3172, is temporarily dried-docked on a damp towel while its enclosure is being cleaned. Notice the large head and strong jaw of the turtle.

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Sanibel-Captiva Conservation Foundation

Living With Honeybees, And A Honey Tasting



Bee keeper Keith Councell



Honey comb

President of the Florida Beekeepers Association Keith Councell will present his program with stories of live bee removals for many years on Sanibel and the rest of Lee County on Wednesday, November 18 at 10 a.m. at the SCCF Nature Center.

Councell is a second generation beekeeper located in North Fort Myers. He will share his bee tales and offer tastes of his honey. Mangrove and seagrape honey from SCCF preserved lands will be for sale and tasting before and after the program. The program is free to all.

Cruise The Historic Caloosahatchee

Take the historic upriver Caloosahatchee on a 2.5-hour Caloosahatchee Oxbow and Riverlore Cruise, departing from the WP Franklin Lock at 1 p.m. Explore the meanders of the Caloosahatchee back to a time when a waterfall served as the headwaters of the Caloosahatchee and settlers braved living amongst the wilderness.

Cruises will be available the following dates: Friday, November 27; Sunday, January 24; Sunday, February 14; Sunday, February 28; Sunday, March 13; Sunday, April 10; and Sunday, May 8.

The adventure begins by locking through the WP Franklin Lock in Olga. Heading east towards Alva, participants enter the historic bends of the river and revisit the

activities of the pioneers who traveled the same river to find paradise. Stories of the settlements and their adventures are blended with an understanding of the river's oxbows, the wild creatures that call it home and the challenges the river faces.

Rae Ann Wessel, a river researcher, long-time river advocate, historian and SCCF natural resource policy director, guides the tour. The vessel is the stable and spacious 47-passenger *Manatee Rover* pontoon boat that hosts daily manatee tours. All seats have a great view for photographs and bird watching.

The WP Franklin Lock & Dam is off SR 80 in Olga. Private group cruises can be scheduled by appointment.

Advance reservations are required and payment is due at time of reservation. Cruises return by 3:30 p.m. Tickets are \$45 per person. Reservations must be made by noon Friday, May 6 for the May 8 cruise. Space is limited.

Call SCCF at 472-2329 for more information on these programs unless otherwise indicated. Sanibel-Captiva Conservation Foundation is located at 3333 Sanibel-Captiva Road.✪



Devil's Elbow Oxbow on the Caloosahatchee

From page 16

Solar Choice Initiative

There is something we can do about this. Floridians for Solar Choice is proposing an amendment to the state constitution that would allow the sale of solar-generated electricity to Florida families and businesses by persons other than power companies and government-owned utilities. If enough of us sign the petitions in support of this amendment, the proposal will be on the November 2016 ballot; the wording has already been approved by the Florida Supreme Court.

But we need to act fast. The deadline for submitting petitions is rapidly approaching. You can print your own copy by going to www.FLsolarchoice.org, then mail it in, or stop by SCCF and ask for a copy.

There are only some 6,000 customer-sited solar systems in the whole state of Florida; we can do better than that. The League of Women Voters of Florida is supporting this citizens' initiative and urges you to help us make it happen.✪



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Peter Shiels, Ric Base, Gary Lee, Shaun Coleman, Juan Ayala, Trent Peake and Amy Williams (left to right) beside the South Seas Island Resort entrance sign.

Captiva Resort To Sponsor Luminary Festival

The Sanibel & Captiva Islands Chamber of Commerce recently announced that South Seas Island Resort has taken a gold sponsorship for this year's Luminary Festival weekend. The 31st annual 2015 Luminary celebrations will take place Friday, December 4th on Sanibel and Saturday, December 5th on Captiva.

"The luminary festivities are an exclamation mark to another fantastic year for Sanibel and Captiva," said Bob Walter, regional managing director for South Seas Island Resort and Inns of Sanibel stated. "We are thrilled to be a part of

such a strong community, and we thank the SanCap Chamber, its members, volunteers and residents for their continued support."

Luminary Festival is the one time of the year when the islands' main streets are lined with illuminated candles. Businesses are decorated with festive trimmings, and the landscape is decorated with lights. Island visitors and local residents can enjoy these two magical nights as they stroll the streets and participate in the beginning of the holiday season, island-style.

Visitors and residents are invited to mark their calendars for this very special occasion.

For more information on this year's Luminary Festival, visit the Chamber website www.sanibel-captiva.org or see local papers for this year's Luminary lineup and trail maps.✪

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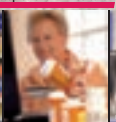
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JD Powers Award



Shell Of The Week

Pitted Baby Bubble

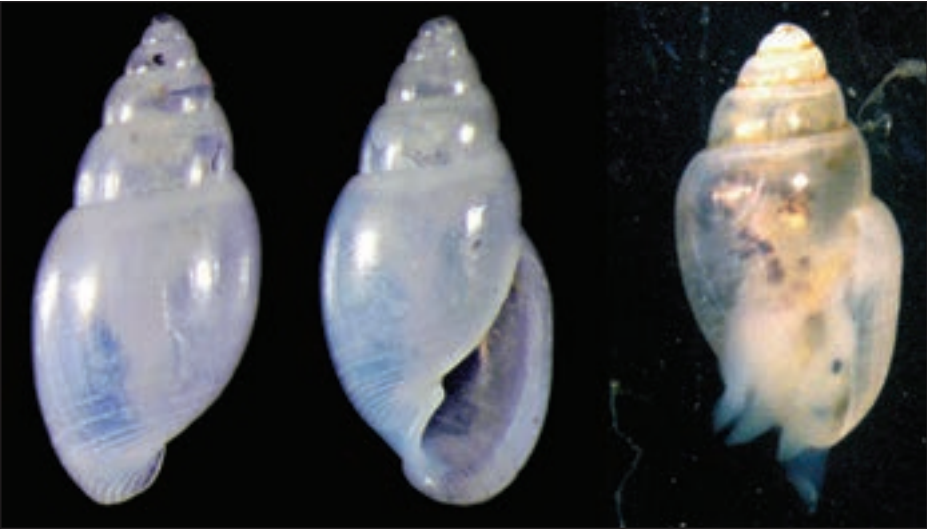


by José H. Leal, PhD, The Bailey-Matthews National Shell Museum Science Director & Curator

The pitted baby bubble,

Japonactaeon punctostriatus (C.B. Adams,

1840), is a local microsnail that reaches about 1/5th of an inch in size. The shell of the living snail is transparent, becoming opaque after the animal dies, and is ornamented with spiral rows of pin-holes, which are present only on the abapical (“top”) part of the whorls. The juvenile live snail illustrated in the photo on the right was collected on September 15, 2014 by Florida Gulf Coast University (FGCU) student Thomas Behmer from a shoal grass (*Halodule wrightii*) bed, between Iona Point and Shell Point Retirement Community, west end of the Caloosahatchee River estuary, in Fort Myers. The shape of the whorl shoulders in the shell of this living specimen suggests it could belong in a separate species. (Shell Museum staff regularly assists FGCU faculty and



The pitted baby bubble, *Japonactaeon punctostriatus* (C.B. Adams, 1840). photos on left by José H. Leal. photo on the right (by Thomas Behmer) may represent a closely related but separate species.

students with identification of mollusks.) Learn more about the pitted baby bubble at <http://shellmuseum.org/shells/southwest-florida-shells/japonactaeon-punctostriatus>.

Shell Museum Anniversary

Saturday, November 14 from 10 a.m. to 5 p.m. – The museum will host a Free Admission Day, filled with family-friendly activities including scavenger hunts, hourly live-tank demonstrations, and arts and crafts projects. Birthday cake by Bailey’s General Store will be served beginning at 11:30 a.m. until it runs out. And each visiting family will receive a special birth-

day gift to take home (while supplies last).

Wednesday, November 18 from 5:30 to 7 p.m. – The museum invites everyone who has been a donor, volunteer, trustee, employee or supporter to join us for an anniversary open house celebrating the fun, challenges and many changes that have occurred over the last 20 years. Bring your photos, stories and tales of years past to share. Refreshments will be served.

Shell Museum Events

Daily Island Inn Morning Beach Walks (Advance booking required): Join our marine biologist for a beach walk near

Island Inn on Sanibel. Walks depart daily from the Island Inn lobby at 9 a.m. The cost is \$10 for adults and \$7 for children. Parking at the Island Inn is free for beach walk participants. Space is limited; book online at shellmuseum.org/events or call 395-2233 to make a reservation. All beach walk guests receive half-off museum admission. (Current Island Inn guests please book through the Inn).

Mollusk movies and scavenger hunts run continuously throughout each day. Daily Tank Talks, 11:30 a.m. and 3:30 p.m.: Gain great insights into the fascinating world of mollusks.

Monday at 1:30 p.m.: Carolyn’s Collection – A fun and engaging look at quality shells of a private collector. (Please check shellmuseum.org to note any schedule changes)

Tuesday at 1:30 p.m.: Shell Bingo

Wednesday at 1:30 p.m.: Midday Tank Talk at the museum live mollusk tank.

Thursday at 1:30 p.m.: Cool Shells – See some great shell treasures not on exhibit.

Friday at 1:30 p.m.: Arts & Crafts – Create marine-themed art and take it home with you.

Saturday at 1:30 p.m.: Sanibel Shells – Discover the look, feel and subtle differences of local shells.

Sunday at 1:30 p.m.: Shell Bingo
The Bailey-Matthews National Shell Museum is located at 3075 Sanibel-Captiva Road. Call 395-2233 or visit www.shellmuseum.org.✽

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CROW Calendar Of Events

The Clinic for the Rehabilitation of Wildlife (CROW) has specialty programs available for residents and visitors. Meet the staff and learn what it takes to rescue, rehabilitate and release wildlife in Southwest Florida.

For reservations, contact Rachel Rainbolt at rrainbolt@crowclinic.org or 472-3644 ext. 228 to register. Hours are Monday through Friday, 10 a.m. to 4 p.m.; closed weekends. CROW is located at 3883 Sanibel-Captiva Road.

Friday, November 13, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Monday, November 16, 11 a.m., adults \$7, teens \$5, 12 and under no charge – CROW Case of the Week, presented by a CROW student.

CROW's teaching hospital offers externship, fellowship and internship opportunities for natural science and veterinary medicine students. While on site, students learn the ins and outs of conservation medicine and wildlife rehabilitation, and share their favorite patient stories.

Tuesday, November 17, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wild About Rehabilitation, presented by CROW staff.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. This supportive care is necessary to ensure success during the final step in the rehabilitation process. Ask the staff how they work their magic.

Wednesday, November 18, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Wildlife Rescue 101, presented by a CROW volunteer.

After a patient stabilizes in the hospital, CROW's rehabilitation staff provides them with a combination of balanced diet, husbandry and physical therapy. Supportive care is necessary to ensure success during the final stage in the rehabilitation process. Ask the staff how they work their magic. There will be a live animal encounter following the presentation.

Thursday, November 19, 11 a.m., adults \$7, teens \$5, 12 and under no charge – Patient Profiles: Gopher Tortoises, presented by a CROW volunteer.

The life of a gopher tortoise revolves around its burrow. These tortoises are found digging from Southern Georgia to Southeast Florida. Because of its contributions to the ecosystem, it is classified as a "Keystone Species." CROW's presenter explains why they are admitted and how the medical staff treats this species.

Friday, November 20, 11 a.m.,

adults \$7, teens \$5, 12 and under no charge – Why Animals Come to CROW, presented by a CROW volunteer.

CROW hospital treats over 3,500 patients a year, but not all of the animals admitted need assistance. Facilities like

Orchid Society To Discuss Vandas

Vivacious Vandas will be the topic of the Monday, November 16 meeting of the Sanibel-Captiva Orchid Society. The program will be presented by Dan Christensen of Dan and Margie Orchids in Southwest Ranches, Florida. The meeting will take place at 1:30 p.m. at St. Michael & All Angels Episcopal Church, 2304 Periwinkle Way.

Orchid novices are encouraged to come to the meeting's Fundamentals Session at 1 p.m. to hear Bill Overton discuss Cattleya Care and Culture. Overton has been growing orchids for over 40 years and is an accredited American Orchid Society judge. He will moderate this season's monthly Fundamentals Sessions.

Anyone with questions or an "ill orchid" that needs diagnosis can bring their plants to the meeting during Show and Tell. Orchid Society members are invited to participate in a monthly show. Ribbons are awarded for best hybrid and best species orchids. An orchid raffle will also be held. Annual society membership



BC Maikai orchid, a cross between a Brassavola and Cattleya orchid, begins its bloom in time for the Thanksgiving holiday is \$25, \$40 for couples. Guests are \$5. For more information, visit www.sanibellorchid.org.

The orchid society's annual Christmas Luncheon will be held Monday, December 14, 2015. continued on page 29

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Fish Caught



Lauren Tucker

Lauren Tucker of Columbus, Indiana caught a snook off of Gasparilla Island on a free-lined pilchard while fishing with Capt. Jimmy Burnsed. Earlier in the morning, Tucker fought a large tarpon in Boca Grande Pass for over 20 minutes before the fish jumped and shook the hook. While on the island, Tucker and her father, Grant, stayed at the Castaways Cottages and dined at Doc Ford's, Timbers and the Green Flash.✱

Fish Caught



Jim Fjelstead and his son Scotty show off the 35-inch snook they caught. Sanibel resident Jim Fjelstead and his son Scotty from Jacksonville, Florida caught and released a 35-inch snook while on a Sea Reed Charter.✱

Fish Caught



Ben Tucker with the 31-inch snook he caught. Ben Tucker of Columbus, Indiana caught a 31-inch snook during a recent trip to Captiva. Tucker was fishing with Capt. Jimmy Burnsed, who charts out of 'Tween Waters Marina. The snook was caught on a free-lined pilchard in Pine Island Sound. Tucker was stayin at Jensen's Twin Palm Resort.✱

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Plant Smart
Flamingo Feather



Flamingo feather is liked for its brightly colored flower spikes photos by Gerri Reaves
by Gerri Reaves

It's easy to see how flamingo feather (*Celosia spicata*) gets its name – from the cylindrical spikes of silver-pink or silver-violet. It is also called cockscomb because of its chaffy spike densely packed with wheat-like flowers. This annual is a member of the amaranth family and native to Madagascar.



The spikes hold hundreds of small flowers

While the flowers are certainly showy, the pinkish or purplish lance-like leaves have ornamental value as well. This plant grows somewhat upright and usually reaches two to three feet high with a spread of about two feet. Florida's hot humid weather suits this plant, so it's easy to grow and can be propagated with seeds. Give it full sun and consistently moist well-drained soil. The vividly colored flowers can be used to make cut or dried arrangements. Flamingo feather can also be grown in pots.

Groups of other celosia cultivars include Cristata, which comes in various bizarre shapes and brilliant colors; Plumosa, with plume-like flowerheads; and Childsii, with rounded twisted shapes. Sources: floridata.com, gardening.cornell.edu and plantbook.org. *Plant Smart explores the diverse flora of South Florida.**

Sanibel-Captiva Shell Club Meeting

The Sanibel-Captiva Shell Club will meet on November 15 at 2 p.m. The meeting will be held in auditorium room A on the main level of The Bailey-Matthews National Shell Museum. Michael Savarese, PhD, professor of marine science at Florida Gulf Coast University, will present a program about the research done by the Sanibel-Captiva Shell Club's 2014 Fellowship recipient Olga Connors. Each year, the club awards the The Sanibel-Captiva Shell Club/Mary & Al Bridell Memorial Fellowship in Marine Science in the amount of \$10,000 to a graduate student at the University of South Florida. The club started support-

ing graduate students at the university in 1982. In 1992, they joined hands with club members Mary and Al Bridell to establish the memorial fellowship. It is now self-sustaining. The program is titled Long-term Stability of Fort Myers Beach: Dynamics of Barrier Islands in Light of Climate Change. Door prizes will be awarded and refreshments will be served. The meeting is open to the public.*

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Ellie Harries, Judith Clark and Marcy Calikins with their art

Sanibel-Captiva Art League

Art League Members Share Global Sights

Sanibel-Captiva Art League is sponsoring Sanibel and Global Sights, the November art exhibit at the Sanibel Public Library. The invitational exhibits are organized by league members Anne Bischoff and Rita McLain. This month's artwork on display is by Marcy Calkins, Judith Clark and Ellie Harries. All three artists have found travel to be an inspiration for art, and value the drama of rich color so this

month's exhibit is a journey around the globe as well as a celebration of the natural world of Sanibel. Marcy Calkins, president of Sanibel-Captiva Art League, has been studying art and painting for the past 12 years. She finds that juggling composition, form, perspective, light and color onto a canvas to be an intriguing cognitive challenge. This exhibit includes paintings of her travels, local landscape, birds and painting with social, political or environmental themes. Working in acrylics, she likes to be playful on canvas, and to push the color envelope. Judith Clark, PHD, editor of the art league newsletter, has a background in biology. This became a link to her artistic career in retirement. She became fasci-



Monarch King of Summer by Judith Clark



Monogamous Reflection by Marcy Calkins

nated with watercolor. She first studied at Jacksonville University, Florida, and continues to learn through persistence and practice. She finds travel to be inspiration



Hibiscus in Bloom by Ellie Harries

for art since each place has its own ambience, its own colors. Her challenge and joy is to try to find a way to reflect the essence of each place in her paintings. Ellie Harries, an art league board member, has been an art student for many years, studying primarily at the School of the Museum of Fine Arts in Boston. Her oil and pastel work on exhibit reflects both her love of the natural world of Sanibel, as seen in richly painted florals, and her reflections from extensive travels. Returning home from a journey, her challenge is to paint one or two special memories. Information about Sanibel-Captiva Art League may be found on the web at san-capt.com.*



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Performance At BIG ARTS

Songstress Wendy Webb returns to BIG ARTS Strauss Theater in a show called November Moon on Sunday, November 15. The performance will include familiar favorites from the Sanibel-based singer/songwriter, as well as new pieces from her upcoming album. The evening opens at 7:15 p.m. with a reception hosted by Doc Ford's Rum Bar and Grille, followed by the concert at 8 p.m. Tickets are \$30 for general seating, \$5 for students, and are available at the Strauss Theater Box Office, 472-6862, or online at www.bigarts.org.

Webb will be joined on stage by special guest, "global cowboy" Brent Moyer, plus two other area favorites, Danny Morgan and John McLane. The program will include some of her more popular songs, such as *Florida*, *Moon On Havana*, and *Nashville Can Wait*, as well as brand-new songs that will appear on her upcoming album, *Step Out Of Line*, which will be released in 2016. Her 2015 album, *This is the Moment*, will debut in Europe next month.

Webb effortlessly weaves poetic lyrics and elements of folk, pop, jazz, and blues into a style all her own. Her music echoes the classic troubadour songwriters she grew up with, such as Carole King, Bob Dylan and Joni Mitchell, but also



Wendy Webb

reflects the Southwest Florida area she now calls home. Webb has lived on Pine Island and Sanibel since 2004. Self-taught on the piano and guitar, the Iowa native has performed in Chicago, Los Angeles, Nashville, Paris and even Havana.

This concert represents Webb's fifth consecutive season performing at the cultural and educational center. Her appearances have developed into something of a tradition, marking the opening of BIG ARTS' extensive concert season.

BIG ARTS Strauss Theater is at 2200 Periwinkle Way.*

Girl Scout Memorabilia On Display

submitted by Maureen Tesoro,
Sanibel Public Library

A selection of Girl Scout memorabilia is on display this month at the Sanibel Public Library. The collection is on loan from the Meardon Family. The collection includes a 1940s Girl Scout troop leader uniform, awards, 1950s camping gear and scouting books belonging to Aurelia Graeser Murphy. She was a lifelong Girl Scout and troop leader. Graeser and her husband Lawrence B. Murphy, supported the Girl Scout Council in Cincinnati, Ohio long after their daughter, Marilyn Murphy Meardon had grown up.

Graeser was the grandmother of David Meardon, a long time island resident and photographer. David's daughter, Elizabeth Aurelia Meardon carries on the Girl Scout tradition. Elizabeth has been involved with scouting for 10 years. With support of the community, Elizabeth has sold more than 15,000 boxes of Girl Scout cookies in the past decade, many in front of Bailey's General Store.

The library offers display cases to showcase unique and interesting collections. Past collections have included antique sailors Valentines, Calusa replica masks and Statue of Liberty memorabilia. If you have a collection to share, contact



Girl Scout Troop Leader uniform and 1950s Girl Scout Bronze Statue designed by Marjorie Dangerfield



Girl Scout hiker's cutlery kit

the library at 472-2483.

The library is located at 770 Dunlop Road, open from 9 a.m. to 8 p.m. Mondays and Thursdays and 9 a.m. to 5 p.m. Tuesday, Wednesdays, Fridays and Saturdays.*



THANKSGIVING

RESERVE your PLACE at our TABLE

Join us Thursday, November 26th for
Thanksgiving Dinner at Sundial Beach Resort & Spa.
Enjoy a bountiful buffet menu ranging from iced seafood to traditional holiday favorites while overlooking the Gulf of Mexico!

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November 26th at 1 PM, 3 PM, 5 PM & 7 PM

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BIG ARTS

Workshops
And Seminars

BIG ARTS offers more than 270 workshops and seminars this season – a myriad of opportunities to explore your creative skills and expand your mind. The following sessions begin soon.

DRAWING

Introduction to Zentangle

Instructor: Meg Scott
Tuesdays, 9–11:30 am (single session)
November 17
BIG ARTS Members: \$35 | Non-members \$44

Instructed Life Drawing
Instructor: Francesco Gillia
Mondays, 9:30 am–noon for 4 weeks
November 30–December 21
BIG ARTS Members: \$115 | Non-members \$144
Constructing the Human Figure in Simple Forms
Instructor: Francesco Gillia
Mondays, 1–3:30 pm for 4 weeks
November 30–December 21
BIG ARTS Members: \$85 | Non-members \$106

PAINTING

Paint with Friends, Open Studio

Wednesdays, 1–4 pm
October 7–May 11
\$5/week

POTTERY

Wheel Throwing/Hand Building

Instructor: Joe Koch
Tuesdays, 1–4 pm for 5 weeks
November 24–December 22
BIG ARTS Members: \$82 | Non-members \$103
Pottery, Non-instructed Open Studio
Coordinator: Jerry Edelman
Mondays, 9 am–4 pm for 4 weeks
November 30–December 21
BIG ARTS Members: \$48 | Non-members \$60

FINE CRAFTS

Glass Fusing

Instructor: Petra Kaiser
Wednesdays, 9:30 am–12:30 pm for 4 sessions
November 18–December 16 (no class November 25)
BIG ARTS Members: \$99 | Non-members \$124

ART & TECHNOLOGY

The Photos App

Instructor: Gerard Damiano
Monday, 9 am–noon (one session)
November 16
BIG ARTS Members: \$50 | Non-members \$63

Searching With Google

Instructor: Gerard Damiano
Tuesday, 9 am–noon (one session)
November 17
BIG ARTS Members: \$50 | Non-members \$63

Watch and Learn: The Apple Watch

Instructor: Gerard Damiano
Tuesday, 2–5 pm (one session)
November 17
BIG ARTS Members: \$50 | Non-members \$63

Mac Power Users: Tips & Tricks

Instructor: Gerard Damiano
Wednesday, 9 am–noon (one session)
November 18
BIG ARTS Members: \$50 | Non-members \$63

The Photos App for Mac OS

Instructor: Gerard Damiano
Wednesday, 2–5 pm (one session)
November 18
BIG ARTS Members: \$50 | Non-members \$63

iTunes: Manage Your Devices

Instructor: Gerard Damiano
Thursday, 9 am–noon (one session)
November 19
BIG ARTS Members: \$50 | Non-members \$63

Entertaining Apps

Instructor: Gerard Damiano
Friday, 9 am–noon (one session)
November 20
BIG ARTS Members: \$50 | Non-members \$63



Connecting With Facebook

Instructor: Gerard Damiano
Friday, 2–5 pm (one session)
November 20
BIG ARTS Members: \$50 | Non-members \$63

Call 239-395-0900 or stop by the BIG ARTS Center at 900 Dunlop Road, Sanibel, to enroll. For complete course descriptions and the full season's workshops and seminars schedule, visit www.bigarts.org/workshops, or email info@bigarts.org to request the Workshops & Seminars Guide.✱

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Appearance By Author And Historian



Robert N. Macomber

Add something special to your weekend by stopping into Sanibel Island Bookshop, 1571 Periwinkle Way for a meet and greet with Robert N. Macomber on Saturday, November 28 between 1 and 3 p.m.

Macomber's appearance celebrates the newest addition to his Honor Series, *The Assassin's Honor*, which is the 12th novel in his popular series of maritime thrillers. It's a perfect gift to grab and get autographed as you plan your holiday shopping list.

Real history comes to life in Macomber's fascinating tales. The years of extensive research behind each novel includes visiting the countries, making the voyages and learning the cultures. The

Assassin's Honor is woven around the actual murderous events which transpired 123 years ago, and changed world history. It's December 1892. All is well for Commander Peter Wake of the United States Navy. He has a new warship in the Caribbean and the love of a fascinating lady. But when he is summoned to Key West to decipher a coded message, he discovers an assassination will occur in eight days. Ordered to prevent it, Wake embarks on a journey leading him back into the sordid world of espionage he thought he'd left behind. German warships in Mexico, Cuban spies in Key West, and Spanish counter-intelligence agents in Tampa are all in the web he uncovers. Time is running out as history hangs in the balance. This novel was inspired by true events. Call 472-5223 to reserve your signed copies if you are unable to attend.*

Orchid Society

From page 23
14 at The Dunes Golf and Tennis Club. Reservations can be made at the November meeting. Luncheon cost for members is \$25 and guests are \$35. For more information, call Carol Zell at 395-2122.*

Poet's Corner



We invite submissions from local poets. Anyone interested may submit their work via email to tutsie@centurylink.net. Each week, individual work will be showcased.

selected by Tanya Hochschild

I Ask You

by Tanya Hochschild

In what scene would I rather be enveloped than this one?
Early evening on the lanai, anchored to our island home, time to think about Greek civilization, places where poetry comes from, how insects will live in the world long after we are gone.

A baby rabbit hops from a flower-bed, quiet petals resettle into the earth.

Beyond the bird bath a sunset sky melts in the watercolor of the lake. Duck families paddle home, their wake bubbles behind. From the bank a squadron of ibis takes flight, takes my heart with them.

I tilt my head to the Scotch in my hand see stars start their upward climb through clouds which open and close, a changing universe.

I grow younger as the shade fades grass, once green and sunlit, engulfed now in shadow, gone, like the willows, in the evening dark. Life is fine right here.

My husband calls, "Is there pie for dinner?"

Tanya Hochschild is member of a Sanibel Writers Group, has participated in Artpoems and Writer's Reads on the island, and had two books published.*

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Dr. Trent R. Brown

Symphonic Chorale Coming To Sanibel

by Di Saggau

On Sunday, December 6, at 3 p.m. the Symphonic Chorale of Southwest Florida will perform at Sanibel Congregational United Church of Christ, 2050 Periwinkle Way.

Artistic Director Dr. Trent R. Brown told me the afternoon will feature a holiday theme with music from many cultures and historical eras. He said, "It is sort of a global holiday perspec-

tive. A significant portion is dedicated to English choral music, Purcell's *Magnificat*, Stanford's *Nunc Dimittis*, Benjamin Britten's *Te Deum* and Ralph Vaughn Williams' *Let All The World In Every Corner Sing* round out that set."

The performers will be the Symphonic Chorale and the organization's newly formed Chamber Choir. Holiday favorites such as *Deck The Halls* and *The Hallelujah Chorus*, as well as opportunities for the audience to sing carols will make the afternoon a holiday treat.

Brown said, "My goal is to work in close partnership with our elected board and the community of Southwest Florida to bring high quality choral music to the region that transforms the lives of people that perform and listen. We have a strong base of volunteer membership selected by audition and we also employ a core of paid singers as well. This allows our musical product to be very high. We strive for excellence in all projects we do individually and in collaboration with other arts organizations in the community."

He continued, "Southwest Florida has a consortium of outstanding volunteer and professional musicians. The colleagues I have in music in the area make a great community that inspires and challenges me to grow as a musician."

The pace of the holidays often gets frantic. Brown said, "My hope is this performance gives our audience a chance to pause and reflect on the relationships that make life's journey meaningful. The choir's care to musical details is the gift we bring to the com-

munity not only for aesthetic pleasure but for the chance to have meaningful self-examination through expression."

Tickets to the December 6 performance are \$35 for preferred seating and \$25 for general admission. Tickets are available by calling 560-5695. They will also be available at the door. There is no charge for students under 18 if they are with a paying adult.✱

Monday Night Movie

Kumiko, The Treasure Hunter

by Di Saggau



The BIG ARTS Monday Night Movie for November 16 is *Kumiko, the Treasure Hunter* based on a real-life story. It's a delicate, haunting study of a woman who has, in several senses,

lost her way. Rinko Kikuchi, who was nominated for a supporting-actress Oscar for "Babel," is the title character, a Japanese woman who gets the disastrously incorrect idea that the Coen brothers' movie *Fargo* depicts a true story. It's a marvelous role for Kikuchi, who has the intensity of the great silent film stars and who is fascinating to watch. She gets addicted to watching a battered, grainy videotape of "Fargo" and becomes convinced that her destiny is to go to North Dakota and dig up the case full of cash that Steve Buscemi's character buried.

The more she watches the film the more she becomes convinced that the story unfolding before her is real. She even creates a hand-sewn map indicating exactly where she believes the suitcase to be located. Before *Kumiko* ever gets on a plane for the United States, we see a significant slice of her life in Tokyo, enough to realize that this is a woman who is slowly losing her grip on reality.

At age 29, *Kumiko* works at an impersonal job where her boss treats her dismissively. In her fantasies, she sees herself as a Spanish conquistador out to find buried treasure. She meets several strangers throughout her



journey, most of them well-meaning. One memorable character is a sheriff's deputy who goes out of his way to try to help her.

The tale is drawn from a story that began circulating after a Japanese woman was found dead in Minnesota in 2001. The idea that she was searching for the *Fargo* money turned out to be an urban legend. The directors have pulled off an exceptionally tricky logistical feat, with Tokyo scenes that feel authentically Japanese, and a Minnesota location shooting highlighted by rapturously wintry widescreen lensing. The film runs 104 minutes.

Admission to BIG ARTS Monday Night Film Series is \$10 and all screenings begin at 7 p.m. in Schein Performance Hall. Each film is followed by a complimentary reception and discussion. Film Patrons: June Rosner and Russ Bilgore. Film Sponsors: Bank of the Islands, Stan and Visnja Gembicki, John R. Wood Properties, Penny Wilkinson, Hyde Tucker. Film Supporters: Sanibel Taxi, Jerry's Foods of Sanibel. BIG ARTS is located at 900 Dunlop Road. Tickets are available at the door or by calling 395-0900.✱

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From page 1

Concerts For Water Quality

The music is part of the larger Caloosahatchee CLEER (Create, Engage, Entertain and Restore), where SCCF will encourage people to write to the decision makers in Tallahassee and the Water Management Board to make decisions that will reverse the damaging practices now effecting the Caloosahatchee, our beaches and bay waters.

These programs are free. Four commissioned art pieces will also be unveiled by acclaimed artist Xavier Cortada. His pieces represent four animals that reside in the river and bay – largemouth bass, bottle-nosed dolphin, along with two lesser known species that reside in our estuary, which are some of the scarcest in the world. The Kemp's Ridley sea turtles spend some of their juvenile years

feeding in the local back waters. The smalltooth sawfish comes to the mouth of the river, which has become a hot spot for research on this rare fish that once ranged from the Carolinas to Texas. The Caloosahatchee is one of the last known birthing areas for this rare species.

Note cards, postcards and pledge cards bearing the artwork will be available for people to sign. Florida's legislative session begins in January 2016 instead of the typical March startup. It is, after all, an election year. Lawmakers have the chance to be heroes of south Florida water decisions. Their leadership now can determine the future of our water for decades to come.

Connect with SCCF staff, the musicians and fellow islanders for a great time and become engaged in the process. Help us untie our voices. Your personal messages will be delivered to decision makers in Tallahassee and regional meetings. Let your voices be heard.✧

Dollar-A-Bag Book Sale At Sanibel Public Library Starts November 23

Sanibel Public Library is having its dollar-a-bag book sale on used (and nearly new) books. The sale starts Monday, November 23. Patrons are invited to fill a bag for \$1. Hundreds of books, videotapes, and magazines will be sold in the main entrance lobby. Foreign language, bestsellers, paperbacks and hardcovers will be available. The sale will continue through the week, until inventory is depleted.

The library will be closed Thursday, November 26 for the Thanksgiving holiday, and will reopen Friday, November 27.

Book sales support the Sanibel Public Library Foundation, which enriches library

services and programs. If there are no items in the book sale that strike your fancy, the library has more than 70,000 books and more than 2,000 feature films to borrow.

For more information about the library, call 472-2483 or visit online at www.sanlib.org.✧

Chamber Hosts Ribbon Cutting To Welcome New Member

The Sanibel & Captiva Islands Chamber of Commerce held a ribbon cutting to welcome Sanibel Sweet Shoppe as a new member. The event was hosted at the store located at 2330 Palm Ridge Road, in Palm Ridge Plaza on November 4.

Beth and Tim

Musser, owners of the Sanibel Sweet Shoppe are on premise daily creating their hand-made fudge, sweets and hand dipped Italian ice. You'll also find salt water taffy and molded chocolates in the shape of shells in their shiny glass cases that give the shop an old fashioned sweet shop feel. They will be baking special cookies and candies just in time for the holiday season this year.

"We are thrilled to be a part of the wonderful business community on Sanibel and Captiva and hope the island residents will stop in and enjoy our sweets!" said Sanibel Sweet Shoppe owner Beth Musser.

Ric Base, president of the chamber of commerce added, "The chamber welcomes the Sanibel Sweet Shoppe to our islands and is pleased to have them join our family of successful businesses."

For more information, visit www.Facebook.com/SanibelSweetShoppe.✧



A group of chamber members and friends join Tim and Beth Musser for their ribbon cutting



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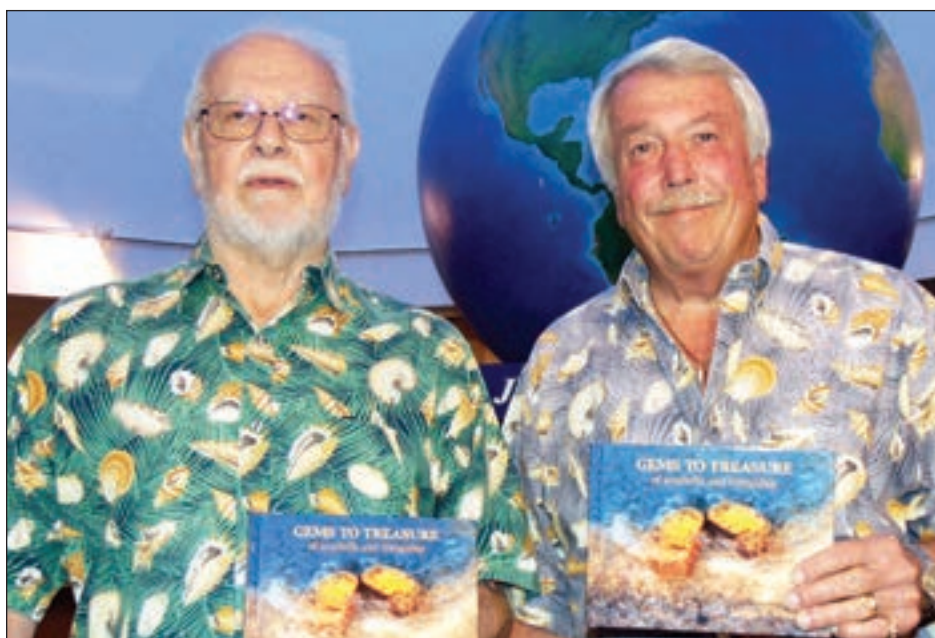
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Shell Expert To Be Honored At Museum

by Jeff Lysiak

In celebration of its 20th anniversary next week, The Bailey-Matthews National Shell Museum is planning a special event for the many donors, volunteers, trustees, employees and supporters of the renowned museum dedicated to malacological research, displays and exhibits.

On Wednesday, November 18 from 5:30 to 7 p.m., the museum will stage a 20th Anniversary Open House celebrating the accomplishments, challenges and many changes that have occurred over the last two decades. Guests are invited to bring their historic photos and tales of years past to share. Hors d'oeuvres and refreshments will be served. RSVP by emailing mmoraga@shellmuseum.org or call 395-2233 and ask for Melanie.



Shell experts and authors S. Peter Dance and Harlan E. Wittkopf hold limited editions of the book *Gems To Treasure* inside The Great Hall of Shells at The Bailey-Matthews National Shell Museum

photo by Jeff Lysiak

As part of the celebration, the museum will be honoring S. Peter Dance, one of the world's leading shell experts and well-known natural history author. He, along with fellow shell author Harlan E. Wittkopf, will be signing copies of Wittkopf's 2008 book, *Gems To Treasure: Of Seashells and Friendship*, at the open house.

Earlier this week, both Dance and Wittkopf talked about their memories of R. Tucker Abbott, the man credited as most influential in establishing the shell museum here on Sanibel, and discussed details of their plans for the 20th anniversary celebration.

"I first came to Sanibel in 1971 when I served as a judge for six separate shell shows here in Florida," recalled Dance, who resides in Carlisle, England. "I had known Tucker since 1962; he was already very well known in the world of shell collecting."

Dance spent 16 years working at museums, nine of them at the Natural History Museum in London, England. He is the author or co-author of 17 books,

continued on page 16B

Solar Connect Conducts First Community Meeting



Jason Szumlanski, left, of the Florida Solar Design Group in Naples answers questions following last week's SanCap Solar Connect community meeting held at the Visitor & Education Center at JN "Ding" Darling National Wildlife Refuge

photos by Jeff Lysiak

by Jeff Lysiak

More than 100 island residents gathered at the JN "Ding" Darling National Wildlife Refuge's Visitor & Education Center auditorium last week for the first community meeting of SanCap Solar Connect, an initiative designed by "Ding" Darling Wildlife Society-Friends of the Refuge (DDWS).

The first community-driven solarize program in the state of Florida, the effort hopes to encourage Sanibel and Captiva citizens and business owners to become participants in a solar energy endeavor. The goal of the initiative is to realize savings on solar energy conversion through the collective buying power of SanCap Solar Connect.

"The more people who sign on to convert to solar energy, the more everyone saves on installation costs," said John McCabe, chair of the SanCap Solar Connect advisory



Standing from left, John McCabe, Jason Szumlanski and Birgie Miller all spoke during the November 3 solar power community meeting, which drew more than 100 island residents

and implementation committees. "Refuge and wildlife society buildings will lead the community conversion to solar, already lowering the cost for local residents and businesses, plus we have a number of others showing interest."

McCabe, along with Jason Szumlanski of the Naples-based Florida Solar Design Group, spoke during the 90-minute session, which drew a packed house on November 3. The agenda included how the program works, who organized the effort here on the islands, how much a solar energy system would cost to be installed, what equipment would be required and how much money could be saved.

According to McCabe, SanCap Solar Connect's advisory committee also includes

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From left, Cliff Nolan, Bruce Cochrane and Les Forney, island Lions
This article by Cliff Terry appeared in November in Lion Magazine, an International Lions Club publication. Excerpts from it are reprinted below.

Sanibel Lions Find Service And Island Life Quite Compatible

submitted by Cliff Terry

Sanibel Island in Florida is an ideal catching ground for all sorts of fantastic shells. With folks carrying bags and buckets and bending over, the posture is popularly known as The Sanibel Stoop.

The island also stands out for its “old Florida” appeal. New, intrusive condos are a rare species. Even the islands’ scattered “starter mansions” are shielded by native foliage. About 72 percent of Sanibel land is on conservation status, areas that can’t be developed, through acquisitions by the city, the non-profit Conservation Foundation and the influential J.N. “Ding” Darling National Wildlife Refuge.

Sanibel is a world apart. And so is its thriving Lions club – at least in a few ways. The Sanibel-Captiva Lions Club is dedicated to usual Lions’ projects such as vision screenings. But it’s also a club that reflects its peculiar location and adapts to members’ particular concerns. The Lions’ service model has found a cozy home even on islands set apart from the mainland.

Sanibel Island is flat, long and narrow – 12 miles long and three miles at its widest. About 6,700 people live here. Sanibel, as well as its adjacent barrier island Captiva,

have long been delightful destinations for tired-of-shoveling Northerners and in-the-know Floridians who love the surf, laid-back pace of life and those late-afternoon moments when, as novelist Richard Ford has written, “the sun turns the sea to sequined fires.”

You overhear conversations on Sanibel you don’t hear anywhere else. In a seashell-cleaning hut at a motel, a husband said to his wife, “It’s all about the shells, isn’t it? That’s why we come here.”

“Well, actually,” she replied, somewhat sheepishly, “we came here to get away from the kids.”

Many of the 70 members of the Sanibel-Captiva Lions Club are winter-only residents (the legendary “snowbirds”) who escape to Sanibel for six or so months. About 30 live on Sanibel year-round, and the rest belong to other Lions clubs in their home area. About 70 percent are retired. (No members currently live on Captiva, population 500.)

The snowbird Lions, like other residents, donate their time to preserve the charm of the island. “Some of our members are involved with our well-known environment, working on nature carpentry projects,” says Lion Leslie Forney, a retired Army brigadier general, city manager and law firm administrator. “For eight years I was a Hammerhead – volunteers doing construction work, renovation, things like that – for the Sanibel-Captiva Conservation Foundation. Many of the Hammerheads have been Lions.”

Lion Cliff Nolan, a retired account manager for a floor covering company, observes that Sanibel is unusual in another respect. Someone once told him there are more registered nonprofits in the zip code (33957) than any other in the country. “It does give you an indication that there is a lot of charity work done around here, and a lot of competition for dollars from generous people,” he says.

Lion Jim Graham, who owned a manufacturing company in Fort Myers before retiring, says his fellow members are probably more dedicated to charities than most clubs. Members are from so many diverse places that they pay more attention to other things besides their immediate Sanibel community, according to Bruce Cochrane, 2014-15 club president and a realtor. For example, they leave the island and travel to places such as Immokalee to distribute eyeglasses. “We’re small, so we branch out,” he says. “Members will come in from other clubs and remark, ‘Hey, this is something we might adopt here.’ It’s kind of nice.”

The major fundraiser is the three-day Arts and Crafts Show held in March on Sanibel. A contingent of artists sell a variety of wares, and the club gets a percentage of their sales. In the three days, they generally raise about \$40,000, so it’s not an insignificant event.

The club also donates time and money for a camp for people of all ages with disabilities on the Caloosahatchee River just outside of Fort Myers. It runs an \$180,000 college scholarship program. Members also conduct health screenings at the local recreation center for glaucoma, blood pressure and diabetes. There are two or three retired physicians in the group.

Another event is the newly-established Eye Ball, a dance held last November. The goal was to raise money for a small \$6,000 camera to screen children aged 4 to 8. As it turned out, the Eye Ball made twice as much money as needed. “We were all real excited,” says Cochrane. “We feel that kids’ vision is just as important as our screenings, which mostly end up getting older people.”

“Attracting young members is a real problem,” says Nolan. “We have one member who’s not even 30, but he’s probably the only one under 40. Sanibel not only typifies ‘Florida retirement,’ but it probably sets the leadership role. However, I think a lot of clubs are like that. The world is changing.”

To help recruiting, the club sends members to a meet-and-greet session for new property owners at the Sanibel community center.

With such a diverse community of folks from all over the country, it’s not surprising to find an occasional standout character. One was a founding member of the club, Francis Bailey Jr., who owned the local grocery store and was a onetime mayor. He died in 2013 at age 92. He and his brother were known for many things, including playing softball, as one person put it, “forever.”

“Francis was an unusual person in his own right – generous before it was in fashion,” says Nolan. “He loved this island tremendously and loved all the people who shared his enthusiasm. Our club is experiencing the same loss as the rest of the island. If Francis met you once, he remembered you. And if you came back three years later, and you walked into his store, he’d remember your name. He was everybody’s friend. It’s hard to describe him. He wrote his own thing, you know?”

The same can be said for the Sanibel-Captiva Lions Club.❖

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Students Learn About Importance Of Brushing



The VPK class enjoyed playing thumbs up/down when choosing good for our teeth healthy food vs bad for our teeth junk food

Students at the Children’s Education Center of the Islands learned about the importance of brushing just in time for Halloween. Mr. Jeffrey, from Dr. Verwest’s office in Fort Myers, taught the children about the importance of our teeth and how to care for them by eating healthy foods and brushing twice a day for two minutes. The children enjoyed receiving brand new toothbrushes and coloring pages and were eager to tell their parents about everything they learned.✧

Center 4 Life’s Trash & Treasures Sale

The Center 4 Life is hosting a Trash & Treasures Sale on Saturday, November 14, from 9 a.m. to 2 p.m. A variety of gently used items including household furniture, glassware, accessories, home décor, sporting goods, collectables, small electronics and much more will be available for purchase. There will also be a delicious and reasonably priced hot dog lunch for hungry guests!

The Center 4 Life is located at 2401 Library Way. This is a great opportunity to support the Island Seniors, Inc. and have fun treasure hunting with your community neighbors.

For more information, call the Center 4 Life at 472-5743.✧



Lions Club members are trained by the Lions Diabetes Foundation to perform health screenings using state-of-the-art testing equipment. photo by Jan Holly

Sanibel-Captiva Lions Club Launches Health Screenings



The Sanibel-Captiva Lions Club has scheduled eight free health screenings, five for adults and three for children, for any islander or island visitor wishing to be tested. Lions Club members, trained by the Lions Diabetes Foundation of Multiple District 35 and working under the supervision of a physician, perform the screenings using state-of-the-art equipment. The screenings, which detect diabetes and vision and hearing impairment, take place at various island locations from November through May.

Adults are tested for blood pressure, blood glucose levels and peripheral visual fields using the Zeiss Humphrey FDT. Testing is also done for intra-ocular pressure, using the Reichert AT 550 auto non-contact tonometer, for macular degeneration, and for hearing, using the ERO-SCAN or an audiometer.

Individuals whose tests show areas of concern are asked to take the results to their health care providers for further evaluation and treatment. Those showing signs of diabetes are referred to the Florida Lions Diabetic Retinopathy Foundation for a free diabetic retinopathy screening.

Needy individuals requiring eye surgery are referred to the Lions Florida Foundation


continued on page 5B



The “Ding” Darling Wildlife Society is excited to present
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Sanibel-Captiva Lions Club Presents 2nd Annual Eye Ball



Last year's Eye Ball raised \$17,000 for Lions Club charities. photo by Rusty Farst

The Sanibel-Captiva Lions Club presents its second annual Eye Ball at The Community House on Sanibel on Saturday, November 14 from 5 to 9 p.m. The ball promises a fun night of fine dining and dancing and an opportunity for everyone to give to Lions Club charitable endeavors.

"The Lions Club motto is We Serve. With our hands-on efforts, 100 percent of the proceeds go directly to charity," said Debi Almeida, Lions first vice president and chairman of the event. "This year we have selected the SE Guide Dogs, which invests between \$50,000 and \$70,000 for every guide dog trained."

The proceeds from last year's ball, in the amount of \$17,000, were used in part to purchase a Welch Allyn Spot Vision camera, which detects lazy eye and other eye impairments in children.

According to Lions President Kurt Peters, Helen Keller challenged the Lions Club almost a century ago to become "knights for the blind in a crusade against darkness. Since that time the Lions' commitment has never wavered," Peters said. "Our chapter continues that tradition, by making children's eye health a priority. Because the Spot Vision camera can diagnose lazy eye in a few seconds, we can test an entire preschool in just one morning." The Spot Vision camera also detects myopia, hyperopia, astigmatism, anisometropia, strabismus and anisocoria.

The Lions offer free health screenings on Sanibel that detect diabetes, as well as visual and hearing impairments. "Anyone wishing to be screened is welcome," Peters said. "No one is ever turned away."

The Sanibel-Captiva Lions Club collects approximately 3,000 vision and hearing items each year for recycling and re-use. These items include clear glasses, reading glasses, tinted glasses, sunglasses, pairs of clear and colored lenses, broken and empty frames, accessories for glasses and hearing aids. Individuals wishing to contribute items may do so at collection boxes located at the Sanibel Post Office, the Senior Center/Center for Life, the library, Bailey's General Store's customer service counter, Island Inn, Island Pharmacy, Jerry's Supermarket at the entrance above the ATM, and Bank of the Islands, Sanibel branch.

Once again, the Uptown Express provides music for dancing and Cips Place restaurant will cater a prime rib dinner, with Bailey's General Store providing the desserts. The dance is open to islanders and visitors alike. Dress is "island formal."

Tickets are \$70 each. For further information, contact Almeida at 839-6443.

The Lions Club meets the first and third Wednesday of every month at The Community House, 2173 Periwinkle Way. Anyone interested in joining may contact Membership Chairman Rick Siders at sanibelcaptivalions.org.

From page 4B

Health Screenings

for the Blind. The foundation works with local doctors and hospitals to minimize medical costs and stretch dollars. Often the costs are mitigated such that the foundation pays less than the typical Medicaid rate charged to the federal government.

The Lions Club sponsors needy individuals with severe hearing loss by paying the application fee for a free hearing aid provided by the Starkey Foundation.

The screening for children includes body mass index measurement, hearing testing, using the ERO-SCAN, stereopsis, and vision testing, using the Welch Allyn Spot Vision Screener. The spot vision screener detects myopia, hyperopia, astigmatism, anisometropia, strabismus and anisocoria. Test results are given to parents for discussion with the child's health care provider.

The screenings for adults are scheduled, 9:30 a.m. to 12:30 p.m., at the following Sanibel locations: The Senior Center/Center for Life on November 18; The Community House on November 21; and the Recreation Center on January 14, February 15 and March 14. Upon request, the Sanibel-Captiva Lions Club also performs screenings in Fort Myers.

Dates for the three children's screenings, not yet set, occur in April and May at Sanibel's three preschools.

Last year, the Lions Club screened 143 adults and 55 children.

For information on the screenings, contact Lions Club President Kurt Peters, 472-9206, or email kurt.peters5@gmail.com.

The Lions Club meets the first and third Wednesday of every month at The Community House, 2173 Periwinkle Way. Those interested in joining may contact Membership Chairman Rick Siders at sanibelcaptivalions.org.



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Highlights Of CROW's 34th Annual Taste Of The Islands



Attendance was steady throughout the day for CROW's Taste of the Islands



Addie Barron likes her slice of chocolate cake

photos by Jeff Lysiak



Taste volunteers, from left, Dan Dawe, Jewell Emer, Kerry Scully, Lori Fanning, Kathy Partyka, Bev Erickson and Jan Caldwell



Az Izz, an eight-piece band from Atlanta, Georgia, provided non-stop music throughout the afternoon

more photos on page 10B

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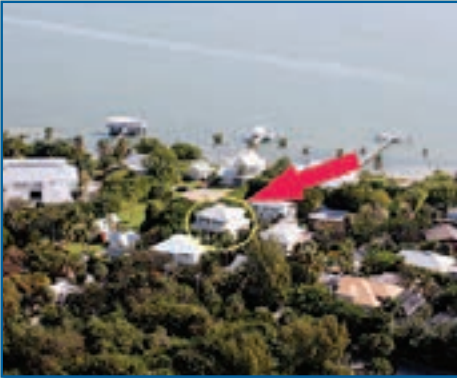
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photos by Jeff Lysiak



Sanibel Sea School team members, from left, Leah Biery, Angel Seery, Brooke Linn, Elizabeth Farnham and Paula MacDonald



Fay Carney, Salli Kirkland and Annie Nachtsheim



John Carney with Holli and Larry Martin



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Ralph Woodring and Richard Johnson



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Dr. Bruce Neill shares information with the crowd about START's mission



Tyler Cobb and his daughter, Edun, played a friendly game of cornhole

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Highlights Of CROW's 34th Annual Taste Of The Islands



Enjoying food, drink, live music and mingling at CROW's Taste of the Islands fundraiser, held on Sunday at Sanibel Community Park, are, from left, Yvette Carrasco, Kathy Boone, Kevin Pina, Breanna Frankel, Linda Estep and Missy Fox



Staff from The Dunes include membership sales director Denise McKee, executive chef Roro Garat and general manager Leilani Sivsov



Rob Lisenbee and Willy Ocasio from Bank of the Islands with Dr. Heather Barron and Linda Estep from CROW



Serving cake from The Bubble Room were Stephanie Ward, Rachel Peach and Corey Pethers



Emily and Melanie Moraga shared a meatball sandwich from Matzaluna



Soups, sandwiches, stews and other tapas-sized fare were offered at this year's Taste, which featured 16 local restaurants

Taste Of The Islands Winners



The 2015 Taste of the Islands winning restaurant representatives with their trophies
photo courtesy Kenny Howell, CROW

- Best Appetizer – Seafood Gumbo – The Timbers
 - Best Meat – Asian Braised Short Ribs – Thistle Lodge
 - Best Seafood – Ahi Tuna – Sanibel Fish House
 - Best Vegetarian – Veggie Empanada – Fresh Taqueria
 - Best Dessert – Fried Cheesecake with Sauce – Doc Ford's Rum Bar & Grille
 - People's Choice – The Timbers
 - Taste Of The Taste – Asian Braised Short Ribs – Thistle Lodge
- Honorable Mentions**
- Best Appetizer – Tuna Nachos – Rosie's Café
 - Best Meat – Steak Slider – The Dunes
 - Best Seafood – Shrimp Scampi – Starfish Grille
 - Best Dessert – Coca-Cola Chocolate Cake – Traders



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Will Power

Joint Accounts Don't Count Towards Bequests



by Craig R. Hersch, Florida Bar Board Certified Wills, Trusts & Estates Attorney; CPA

“Stan” created a trust that first distributed the first \$2 million to his wife, “Wendy” before making \$500,000 bequests to each of his two daughters, Doris and Diane. When Stan created his trust, he considered the bequest to his wife to be enough for her to live off of the rest of her life, also considering that she had other assets of her own in her own trust. He didn’t want Doris and Diane to wait until both his and Wendy’s deaths before enjoying any of their inheritance, and that is why he included those bequests.

When Stan died, his trust had less than \$2 million of assets in it. Stan had more than \$1 million of other assets, both those were all held jointly with rights of survivorship with Wendy. They were not ever funded into Stan’s trust. So Wendy took the joint assets as her own. When Stan’s trust was administered, the entire balance also went to Wendy. Doris and Diane received nothing from Stan’s estate.

And this is the important point that I wish to make today. Stan may have considered the joint account to count towards what he wanted to leave Wendy from his estate. But Stan didn’t direct his attorney to draft language into his trust indicating that was

his intent. Maybe Stan assumed that the joint account gift would serve to satisfy part of what he intended to leave Wendy through his will and trust.

But that isn’t the case.

Maybe Stan intended to fund the joint account into his trust account in order to satisfy his intent. Transferring a joint account into a single trust generally requires both joint account owners’ signatures. Perhaps upon discovering this, Stan decided not to do it, and didn’t believe it necessary to alter the terms of his trust.

Upon discovering what was to occur in Stan’s estate administration, Doris and Diane wondered if anything could be done to rectify the situation. The answer is “No” unless Wendy wants to cooperate. Wendy could, for example, file a legal disclaimer for some portion or all of the \$1 million in bequests that Doris and Diane didn’t receive. A legal disclaimer must be signed in accordance with Florida law and with the Internal Revenue Code. There are several requirements that must be satisfied to file a disclaimer.

Wendy could also cooperate if she simply gifted some of her inheritance to Doris and Diane. While the gift would be “taxable” as it would be above the \$14,000 annual exclusion limitation, which only means that the gift would reduce Wendy’s current \$5.43 million federal estate tax exemption. Provided Wendy’s taxable estate at the time of her passing is below the then available federal exemption, the gift would not affect her. If, on the other hand, Wendy’s estate could be in danger of exceeding the limitation, she has the option of filing a Federal Estate Tax Return Form 706 on Stan’s estate to transfer any of his unused exemption to her own estate negating the gift transfer.

Depending upon the assets that Wendy transfers, and whether they came from the joint account or from assets she inherited from Stan, there could be unrealized capital gain that may one day be realized by Doris and Diane that would require the payment of capital gains taxes. This is because joint account assets do not receive a full “step up” in tax cost basis upon one of the account holder’s deaths.

Wendy may also choose not to cooperate, leaving Doris and Diane with no inheritance. Much of this depends upon the relationship between the parties as well as Wendy’s comfort as to whether she has sufficient funds to live off of the remainder of her lifetime.

So as you can see, an assumption on Stan’s part could lead to some very real problems between his loved ones. If you have questions as to whether certain accounts will serve to satisfy bequests you have in your will or trust, be sure and discuss your questions with your estate planning attorney.

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Landscaper Joins Island Firm

RS Walsh Landscaping has hired Luke Mancuso as a landscape designer. Mancuso graduated from the State University of New York College of Environmental Science and Forestry with a cum laude bachelor’s degree in landscape architecture in 2014. Prior to working for RS Walsh Landscaping, Mancuso was abroad studying the cultural rhetoric of the Azulejo tile in Lisbon, Portugal and how art plays an important role in the landscape. He interned for a firm in New York City, and worked for a multi-disciplinary firm with offices in Boston and Fort Myers. He has worked with plants and ecology at garden centers and historical estates throughout his time in college. Mancuso is an Eagle Scout and has a great love for the outdoors.

Robert and Lisa Walsh, began RS Walsh more than 30 years ago. Robert said, “Luke’s design dedication and understanding of aesthetic ecological design is a great addition to the RS Walsh design team. He brings a new perspective to Florida design and we are happy to have him as the newest member of our design team.”✱



Luke Mancuso

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Dunes Tennis Team Victorious



The Dunes 4.0 Team won all four courts against the Cape Coral Yacht Club team. The Dunes team members, from left: Crystal Smith, Irmingard Markusch, Elsie Jerozal, June Muench, Diane Silhavy, Nancy Orr, Jane Ranieri and Mary Jane Vinson.

November Fun Day At Rec Center

Registration is open for Fun Day on Wednesday, November 25 at the Sanibel Recreation Center. The Fun Day will offer a variety of athletic games, craft projects and special entertainment. Enrollment is available for children in Kindergarten through eighth grade. This program operates from 8 a.m. to 5:30 p.m. Each child needs to bring a lunch, swimsuit and towel. Light snacks will be provided.

The Sanibel Recreation Center is located at 3880 Sanibel-Captiva Road. Daily, weekly, semi-annual and annual memberships are available. For more information call 472-0345 or visit www.mysanibel.com.

Date	Program	Early Bird Rate	After Early Bird Rate
Wednesday, November 25	Fun Day	Member: \$25 Non-member \$33 (registration by November 18)	Member: \$30 Non-member: \$40 (registration on or after November 19)

Registration Open For Charity Golf Tournament December 12

The 5th annual Blessings in a Backpack/FISH of Sanibel-Captiva Inc. Charity Golf Tournament is scheduled for Saturday, December 12 at The Dunes Golf and Tennis Club. "It will be hard to top last year's event that raised more than \$7,000 for the two charities which provide weekend nourishment to children grades K-5 in Title 1 schools who qualify for the Federal Free and Reduced Meal Program. That was money to feed more than 85 children", said Craig Albert, president of Sanibel Captiva Community Bank, who coordinates the event.

The cost is \$90 per person, which includes 18 holes of golf and lunch at the newly renovated Dunes clubhouse. There will be plenty of raffle items and a few auction items. The format is a two-person scramble, with an 8:30 a.m. shotgun start.

Contact Marilyn Kane at 472-6100 or email mkane@sancapbank.com to sign up your team. FISH of Sanibel and Blessings in a Backpack Inc. are both 501(c)3 non-profit organizations.

Tiny Tigers Choi Kwang-Do Begins

New Tiny Tigers Choi Kwang-Do classes for preschoolers by Master Craig Greca began Monday, November 9 at the Sanibel Recreation Center. Participants will build self-confidence and learn martial arts and positive values through games in this fun-focused class.

Classes are on Mondays from 4:15 to 4:45 p.m. for ages three to five. The fee is \$46 for four classes for members and \$61 for non-members. For more information, call 472-0345.

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An image showing solar panels connected to the roof of a Sanibel single-family residence

photo courtesy SanCap Solar Connect

From page 1B

Solar Connect

Dr. Joseph Simmons, backe chair of renewable energy at Florida Gulf Coast University; Richard Johnson, owner and general manager of Bailey's General Store; and Mark Anderson, founder and owner of Benchmark General Contractors.

"This is the first effort to solarize a community in Florida... Sanibel and Captiva is excited to be a part of that effort," DDWS Executive Director Birgie Miller told the crowd. "Our refuge manager, Paul Tritaik, has been asking for solar panels here for years, mainly because it just makes sense."

During the presentation, McCabe showed images of solar panels on his house, located on Dinkins Bayou. He first invested in a solar energy system in 2008, expanding the system four years later. He explained that he currently pays approximately \$26 to \$28 per month for electricity, which includes providing power for his entire household and two energy-efficient electric hybrid vehicles.

In addition, Szumlanski talked about how a solar energy system works, what equipment would be installed and used, as well as how much savings a typical homeowner could expect for his or her investment.

"The system works seamlessly with your utility company... there are no switches, no buttons to push," he said. "Solar energy is probably going to pay for itself in seven to 10 years, so if you're looking for a low-risk investment, it really makes a lot of sense."

Furthermore, residents and business owners who officially sign up by February 15 can apply for a federal tax credit. Installation must be completed by year-end 2016 to qualify. "In fact, anybody who's ready to go right now, we could probably get it installed and up and running very quickly," added Szumlanski. "You'd be able to qualify for your federal tax credit for 2015."

Following the presentation, residents and business owners were invited to schedule a free, no-commitment analysis with Urban Solar Group to receive a bid for installation costs and information on the advantages of a solar energy system. Visit www.SanCapSolarConnect.org to sign up for a free evaluation or to receive informational emails. The website's FAQ page answers the most common questions about the program and solar energy.

"I invested because I think that it's the right thing to do, for me and my family," added McCabe.

The next two SanCap Solar Connect community meetings are scheduled at JN "Ding" Darling NWR's Visitor & Education Center auditorium on Tuesday, November 17 and Thursday, December 3, with both sessions beginning at 5:30 p.m. Refreshments will be available. No reservations are necessary to attend the meeting.

Interested parties can also contact program coordinator Joyce Lathrop at jlathrop@sancapsolar.org or 940-8931 for more information and to request a solar analysis.

The SanCap Solar Connect initiative was made possible partially through funding from the Fred and Alice Stanback Foundation.*

Stellar Lineup Of Top Golf Pros To Compete Next Month In Greg Norman's 27th Shark Shootout

by Ed Frank



The longest running post-season golf tournament in PGA history, Greg Norman's Franklin Templeton Shootout, returns to Naples next month featuring seven of the top players in the world, including two current reigning Major champions, Zach Johnson and Jason Day.

The December 7 to 12 Shark Shootout will mark its 27th year running, the 15th consecutive at the Tiburon Golf Club in Naples.

Norman recently announced the 12 two-man teams that will compete for the \$3.1 million purse. Returning to defend their 2014 title are Jason Day, the current PGA champion, and part-

ner Cameron Triangle.

Sure to challenge Day and Triangle is the team of Zach Johnson, this year's U.S. Open winner, and his partner Patrick Rogers.

In total, the field includes seven of the top 30 ranked professional golfers in the world; eight players who collectively won 12 tournaments this year, two past FedEx Cup champions and seven participants in the 2015 President's Cup.

Day and Triangle's wire-to-wire win a year ago of 32 under par was just a single stroke better than the 2013 winning team of Matt Kuchar and Harris English.

This year's winning team will split the first-place prize of \$770,000.

The shootout has a different format each day starting with Thursday's scramble, Friday's alternate shot and Saturday's final round of better ball competition. FOX will televise Saturday's play with the Golf Channel carrying the first two rounds.

As was the case last year, the three-day competition will conclude on Saturday instead of Sunday due to FOX's NFL commitment on Sunday.

In the long history of this popular event, Norman has raised more than \$10 million for CureSearch for Children's Cancer. This nationwide organization works to accelerate the cure for the disease, to fund clinical trials and to provide resources for cancer research.

The following are the two-man teams that will compete here next month in the popular tournament:

Jason Day and Cameron Triangle; Harris English and Matt Kucher; Zack Johnson and Patrick Rodgers; Graeme McDowell and Gary Woodland; Daniel Berger and Charley Hoffman; Billy Horschel and Hunter Mahan; Sean O'Hair and Mike Weir; J.B. Holmes and Patrick Reed; Retief Goosen and Danny Lee; Kenny Perry and Steve Stricker; Charles Howell III and Rory Sabbatini; Jason Dufner and Brandt Snedeker.

First-Place Everblades Begin Five-Game Homestand

With an 8-4 season record starting this week, the Florida Everblades begin a five-game homestand tonight at Germain Arena in Estero when they face Idaho at 7:30 p.m. The same two teams meet again Saturday with a 7 p.m. start.

The early season success of the Everblades has them in first-place in the ECHL South Division.

Following the weekend series against Idaho, the Everblades will be home for three games next week, Wednesday, Friday and Saturday against Wheeling.*

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SANIBEL 8-BALL POOL LEAGUE 2015-16
Standings through November 9

Standing	Team Name	Won	Lost
First	Bunt's Ball Busters	57	43
Second	Sanibel Café	55	45
Third	Sandycappers	50	50
Fourth	Fresh Legion Crew	38	62

November 9 Results

Bunt's Ball Busters	14	Fresh Legion Crew	6
Sandycappers	11	Sanibel Café	9

Sanibel 8-Ball Pool League
Ball Busters Back
In First Place

It took five weeks but finally last year's champs, Bunt's Ball Busters, is back in first place. A 14-6 pasting of last place Fresh Legion Crew did the trick. The Ball Busters were paced by Mike Dewitt with a 4-0 win over Tom Yorgey. Jack Cunningham, Rich Ennis and Bob Buntrock also manufactured 3-1 matches over Becky Skog, Gator Gates and Doc Lubinski to cement the victory. Ball Buster Dave Doane had a break and run out, but got so excited with his miraculous feat that he lost three games to hot-shooting Nate Buffam. Buffam wore no shoes and iridescent green shorts for his wins, and the rule book is being consulted to see if this sharking method is legal.

Kevin Pottorf and Gary Murza won three games each over Pete Mindel and Randy Carson to help the third place Sandycappers to an 11-9 victory over Sanibel Café. Joe Mason helped Sanibel Café stay in the match with a 3-1 grinding victory over Jack Dalton. The Mason-Dalton match took one hour and 20 minutes and owns the longest match record so far this year. Kelly Greten, Rich McCurry, Jeff Brown and John Riegert posted two wins each for their respective teams.

Only two games separate league's top two teams and they meet this Monday night. Ball Buster Captain Bob Buntrock guaranteed that his team will retain first place. Sanibel Café Captain Rich McCurry pledge that the "old folks will go down in crushing defeat."

All are welcome to drop by the American Legion Post 123 to witness the war.✧

Area Hospitals Need Your Help

Sanibel Community Church will be hosting the Lee Memorial Bloodmobile on Sunday, November 15 from 9 a.m. to 1 p.m. All the blood collected remains in the Lee Memorial Health System, including the Children's Hospital at Health Park, the Regional Cancer Center and the only Trauma Center (which is located in the Lee Memorial Hospital) within a five-county radius, as well as Cape Coral Hospital and Gulf Coast Medical Center.

Lee Memorial Health System uses more than 800 units of blood each week. One in three people will need blood in their lifetime. You never know when you or someone you know or love will need blood. So come out and "Give the Gift of Life."

All donors will receive a thank you gift and of course, snacks and juice. Sanibel Community Church is located at 1740 Periwinkle Way (next to Jerry's Market) on Sanibel.✧

ISLAND SUN BUSINESS NEWSMAKERS

Top Producers

Jane Reader Weaver was top producer associate for the month of October at Premier Sotheby's International Realty. Kara "KC" Cuscaden and Tisha Lestori were the top listing associates for the month of October.✧



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The Case for...The First Tee Open

By Alan Shipnuck

(For sure, I was moved during a dinner earlier in the week when the 81 kids from around the country gathered to hear First Tee alums share their own stories; the words were so powerful that Ben Crenshaw said, "Seeing the character of these young people gives me hope for the future of this country.")

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Team Name _____	Handicap for Players:
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Player #2 _____	HDCP ____ B=8-13
Player #3 _____	HDCP ____ C=14-18
Player #4 _____	HDCP ____ D=19 & Up
Return Entry Forms & Checks payable to: JACARANDA Attn: Pat or Debbie 1223 Periwinkle Way Sanibel, FL 33957 Phone: 239-472-1771 Fax: 239-472-3814 jacaranda4721771@aol.com	
Sunday, December 6, 2015 Tee Off 1:00 p.m. Dunes Country Club \$125 per person or first 90 players \$45 per guest for reception and dinner at the Jacaranda	

New Member Joins Board

Island attorney Jason Maughan has joined the board of directors for Community Housing and Resources (CHR). Maughan has been involved with the Sanibel community since emigrating from Ireland in 1986 after visiting since 1976. He continues to remain involved by holding numerous board positions, pro bono representation of disadvantaged island workers and families, and serving as a city planning commissioner.

"The honor of serving as a CHR board member," Maughan said, "marries all of my previous volunteer work in the public and private domains with my personal desire to help those that truly help residents to enjoy and maintain the finest community in the state."

CHR Board President Richard Johnson appreciates the vitality that Maughan brings to the organization. "The strength and skills of the CHR board of directors has just moved up another step with the addition of Jason Maughan to our board," he said. "Our community and our organization are fortunate to have Jason Maughan join us in leading CHR into a bright future for our community."



Jason Maughan

The CHR board of directors invites island residents to its upcoming annual Mardi Gras fundraiser, with premier sponsor Sanibel Catering Company by Bailey's and presenting sponsor Sanibel Captiva Community Bank, on Saturday, February 6 at 5:30 p.m. at The Dunes Golf and Tennis Club on Sanibel. Event and ticket information can be found online at SanibelCHR.org/Mardi-Gras-2016.

For more information about CHR, visit online at SanibelCHR.org, or call 472-1189.*

From page 1B

Shell Expert Honored

including *Compendium of Shells* (with R. Tucker Abbott), *The Encyclopedia of Shells*, *The Shell Collector's Guide*, *Shell Collecting: An Illustrated History*, *Rare Shells* and *Classic Natural History Prints: Shells*.

Over the years, both Dance and Tucker had published books dedicated to shells, yet they had never collaborated on a work until – at the suggestion of a publisher from Dutton Books – a suitable project became available.

"We were friendly rivals, but we had never collaborated on a book together," said Dance, who accepted the assignment of writing *Compendium of Shells* in the late 1970s. "So I asked Tucker if he wanted to co-author the book with me, which was published in 1982."

Wittkopf, the author of *The Sanibel*

Kaleidoscope, Favorite Collectible Sanibel Shells and *Seashells of Sanibel and Gulf Coast Beaches* (co-authored with Anne Joffe), collaborated with Dance to write *Beach Treasures Of the Gulf Coast* in 2007. The pair had met at a Conchologists Of America convention held in Cape Canaveral in 2001, struck up a conversation and immediately formed a bond that has become a years-long friendship.

"Tucker had been a mentor of mine, and I had known Peter through his books and works with Tucker," explained Wittkopf, a part-time island resident from Algona, Iowa. "You can't have any type of knowledge of shells without knowing the name Peter Dance. He's been writing books about shells since 1966."

So when Wittkopf wrote *Gems To Treasure* in 2008, he dedicated the book to Dance, whom he refers to as a "living legend." That compliment makes Dance appear a bit uneasy to accept, however, he smiles cordially every time Wittkopf mentions it.

What both men readily agree to is that Abbott, the museum's founding director, should be honored properly during the 20th anniversary event.

"Most people don't realize how important he was in helping get the shell museum built," said Dance, who emphasized the need to place a brick bearing the name R. Tucker Abbott at the Raymond Burr Memorial Garden, located near the entrance to the museum.

"The shell museum was started, and continues to survive and thrive, thanks to the friendships of the museum's contributors and sponsors and supporters," added Wittkopf.

During the November 18 celebration, a limited edition of 20 copies of *Gems To Treasure* – which is currently out of print – will be available for purchase for a \$25

donation to the museum. Both Wittkopf and Dance will be on hand during the open house to sign copies of the book. Money raised through sales of *Gems To Treasure* that evening will go towards creating a brick in Abbott's honor, with remaining proceeds going to fund museum programs.

Dance and Wittkopf also announced plans to establish an R. Tucker Abbott Trust at The Bailey Matthews National Shell Museum, with the authors donating their collection of rare books, documents and personal memoirs – including correspondence between Dance and Abbott on their book collaborations – to the museum.

"It seems to be that if there's a proper place for these items to go, the shell museum would be that place," said Wittkopf.

In addition to the 20th anniversary open house, the museum will host a Free Admission Day on Saturday, November 14 from 10 a.m. to 5 p.m. The day will be filled with family-friendly activities including scavenger hunts, hourly live-tank demonstrations, and arts and crafts projects. Birthday cake by Bailey's General Store will be served beginning at 11:30 a.m. until it runs out. And each visiting family will receive a special birthday gift to take home (while supplies last).

Free Admission Day is being sponsored by the Sanibel-Captiva Rotary Club, Bailey's General Store, Bank of the Islands, Beach Piez, Brightstreet Group, Jensen's Marina, The Sanibel Captiva Trust Company, She Sells Sea Shells, Sanibel Air, Sanibel Sweet Shoppe, Thistle Lodge at Casa Ybel, Trophy Case and Sanibel Plumbing.

Satellite parking and shuttle will be available at SCCF for both events. For additional information, visit shellmuseum.org.*

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Firm Hosts Homecoming Party

Uhler and Vertich Financial Planners of Fort Myers hosted its annual gathering to thank its professional colleagues for help and referrals throughout the year. Guests were invited to dress in their best school garb.

The independent registered investment advisory firm was founded in 2002.*

Trust Company Announces 2016 Women's Series

The Sanibel Captiva Trust Company will host a 2016 Women's Series to empower women to be better informed and prepared to handle their lives independently and dynamically.

Called WOW (Women. Opportunity. Wealth.), it will include four sessions:

Wednesday, January 13, The Venus and Mars of Investing – speaker is Timothy P. Vick, senior portfolio manager, The Sanibel Captiva Trust Company. Women approach investing differently than men and have their own distinct rationale for the choices they make. Learn more about what makes certain investment choices attractive to you and how to make the most of them.

Tuesday, February 16, Look Good and Feel Great ... With Color will be conducted by Christine Sherlock, image consultant with Image Matters. She will address the importance of color and why color is the first thing women should think of when getting dressed each day in order to have a positive impact on image.

Wednesday, March 9, Countdown to an Estate Plan, speakers are Dr. Frederick W. Schaerf, from the Neuropsychiatric Research Center of Southwest Florida, and David F. Port,



Timothy P. Vick, senior portfolio manager, The Sanibel Captiva Trust Company, and Robin L. Cook, executive vice president, wealth services

J.D., of The Trust Company. Memory loss due to Alzheimer's Disease or other neurological disorders can jeopardize the quality and strength of an estate plan. Learn the warning signs and why it is vital to make trust and estate planning decisions promptly if memory health is in question.

Tuesday, April 5, Don't Get Caught in the Dark, speaker is F. Hood Craddock, CPA, director of Family Office Services at The Trust Company. Losing a spouse is overwhelming. Like many husbands, yours may be taking sole responsibility for

continued on page 22B

Power Squadron Attendees Learn About PTSD

On Tuesday, October 20, 65 members of the Sanibel-Captiva Sail and Power Squadron participated in a presentation on the impact of posttraumatic stress disorder (PTSD).

Dan Perkins, island resident and co-founder of nonprofit Songs and Stories for Soldiers, Inc., with wife Gerri, made the presentation. The group was told that the principal side effect of PTSD is sleep deprivation. Perkins pointed out that American soldiers are committing suicide at a rate of one every 85 minutes. He said, should this trend continue to the year 2020, more soldiers will have committed suicide in the 10-year period ending in 2020 than actually died in the Vietnam War.

For many people, it is hard to believe that 40 years after the end of the Vietnam War, soldiers are still fighting the battle against PTSD.

Sleep deprivation affects the ability of the brain to make rational decisions. The longer a person goes without sleep, the



Dan Perkins

more difficult it is to adjust to daily life. For many soldiers, PTSD is seen as a weakness and, therefore, many that have it are reluctant to admit that they do. Denial of the illness prevents them from seeking help.

There are approximately 24 million veterans in the country today, and the VA is treating only 6.8 million vets. The other 18 million are either self-medicating through alcohol and drugs or are receiving some outside medical help.

"The mission of our foundation is to help the veteran make it safely through the night," said Perkins.

Shortly after the first of the year, Songs and Stories for Soldiers began working with the Carrick Brain Center outside of Dallas. Carrick is a leading research and treatment facility for traumatic brain injury (TBI) and PTSD. The Songs and Stories for Soldiers program now has a number of eight-hour sleep audio programs available that are designed to assist the soldier with getting down to REM sleep, where the process of healing really takes place.

Currently, Songs and Stories for Soldiers is working with 23 active duty and veterans' hospitals, outpatient clinics and homeless shelters throughout the United States.

Go to www.songsandstoriesforsoldiers.com for more information about Songs and Stories for Soldiers. If your group is interested in a Songs and Stories for Soldiers presentation, contact Perkins at 579-0265.*



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Sunshine Sweet Potatoes

- 2 pounds sweet potatoes, peeled and cut into 1-inch cubes
- 1/3 cup honey
- 1/4 cup orange juice
- 1 tablespoon grated orange zest
- 1 tablespoon grated lemon zest
- 1/2 teaspoon nutmeg
- 1/4 teaspoon kosher salt, or to taste
- 1/8 teaspoon white pepper
- Streusel Topping**
- 1 cup all-purpose flour
- 2/3 cup, packed brown sugar
- 1/4 cup pecans, toasted and chopped
- 1/4 cup margarine, melted
- 1/2 teaspoon ground cinnamon

Combine the topping ingredients in a small bowl, stirring to form a streusel. Set aside.
Place sweet potatoes in a large saucepan and add enough water to cover. Bring to a boil over high heat. Reduce heat to medium, cover and cook until



Sunshine Sweet Potatoes

tender, about 10 minutes. Drain sweet potatoes and cool. Preheat oven to 350 degrees F. Transfer sweet potatoes to a large bowl. Using a potato masher or a fork, mash sweet potatoes until smooth. In a small saucepan, combine honey,

orange juice, orange zest, lemon zest, nutmeg, salt and pepper. Bring mixture to a boil over medium heat, stirring to melt the honey.
Remove from heat. Stir honey mixture into sweet potatoes. Spoon mixture into

a 1-quart casserole and smooth down the top. Sprinkle the streusel mixture evenly over the casserole. Bake until heated through, about 20 to 25 minutes.✱

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Can The Food You Eat Ease Your Pain?



by Ross Hauser, MD and Marion Hauser, MS, RD

Food affects every aspect of the human body, because it is literally the body's fuel. Every process and function depends on a healthy diet. So when it comes to chronic pain, food plays an integral role. There are certain foods that can play a specific role in decreasing chronic pain, and particularly by decreasing systemic or "bad" inflammation.

Salmon, for example, is a well-known source of omega-3 fatty acids. These essential fats are often labeled as "anti-inflammatory" in that they decrease systemic inflammation. The fatty acids, eicosapentaenoic acid (EPA) and docosa-hexaenoic acid (DHA), can improve func-

tional ability and diminish pain in myriad diseases, including psoriasis, psoriatic arthritis, gout, lupus, osteoarthritis and rheumatoid arthritis.

Onions and garlic both possess anti-inflammatory agents that are known to help with chronic pain. Onions also have the antioxidant quercetin that aids in inflammation. What a great added bonus, since both onions and garlic are the basis of so many recipes.

Berries are excellent sources of anti-oxidants. The popular blueberry contains a strong antioxidant called anthocyanin. They are delicious as a snack or as toppings to oatmeal, plain yogurt and salads.

The beautiful orange color of sweet potatoes indicates they contain high amounts of carotenoids, powerful antioxidants that fight systemic inflammation.

Great cooking relies heavily on spices to create delicious flavor. Ginger and turmeric are fun spices that act both as pain relievers and as blood thinners. Ginger is used in many Asian dishes and turmeric is a staple in Thai food. Both of these spices make great additions to any spice cabinet.

These foods are not only a wonderful addition to your daily recipes, but can also aid in pain relief.

*This information is not intended to treat, cure or diagnose your condition. Caring Medical and Rehabilitation Services has two locations: one in Oak Park, Illinois, and one in Fort Myers. It was established in 1991 by Ross Hauser, MD, and Marion Hauser, MS, RD. They can be reached at info@car-ingmedical.com.**

School Smart



by Shelley M. Greggs, NCSP

Dear Shelley, My 3½ year old daughter has just started pre-school and seems much more active compared to her classmates there.

Her attention for group activities is a lot lower than that of other children and when we try to redirect her from something she wants to do like staying in centers instead of coming to the rug for group, she will often throw herself onto the ground in tears. The teachers are handling it okay but have commented at the suddenness and intensity of her outbursts. She is healthy and seems pretty much like the other kids, but I have noticed that her language is not as advanced as some other children her age. Is my daughter's behavior out-of-control? Should I be worried?

Eliza R., Cape Coral

Eliza,

First, there is a wide range of normal behavior in kids. Preschool children typically are very active and haven't fully developed areas of impulse control and self-regulation that allow them to express their emotions and needs in a more effective way. Also, a lack of more complex language development sometimes makes it harder for them to be able to express

themselves in productive ways.

Younger children often use temper tantrums to express frustration, for example, when trying to use a toy that requires fine motor skills beyond their current level of development, to demand attention, to obtain a tangible item or to escape or avoid an undesirable activity like going to bed or moving from art center to reading center. As children mature and begin to develop verbal skills, they may have the necessary language to clearly express their needs and wants. For example, "I need help taking off my shoes." But, they still tantrum because they have learned that tantrums are effective and efficient ways to obtain help or attention, or to delay or avoid something unpleasant like putting away their toys.

Preschool is a very new and different experience for many children. These young children are learning the rules about how the world works and, at times, it can be very confusing to them. Try to keep this in mind when you talk to your daughter. Have a consistent structure that she can come to rely on, and use language that she can understand. In general, ignoring small misbehaviors and focusing on positive feedback and reinforcement, in addition to setting very clear expectations, makes it easier for children this age to comply.

Since you mentioned that her language might be less developed than her peers, ask the teachers for some vocabulary words to work on at home. Helping her understand and using the specific vocabulary from school may be one way

continued on page 25B



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Foundation Seeks Donations For Thanksgiving Outreach

The Heights Foundation is seeking organizations and individuals to participate in the Bountiful Blessings Thanksgiving Outreach. Since 1999, the program has helped families in the Harlem Heights neighborhood of Lee County make a traditional Thanksgiving meal to share with their families. In 2014, partner agencies, businesses, philanthropic organizations and more than 100 volunteers provided turkeys and groceries to more than 400 families.

“The Heights Foundation works to build strong, self-sufficient families in the Harlem Heights neighborhood. We can only do this because of the generous support of our neighbors who contribute their time and money to support our mission,” said Kathryn Kelly, president and CEO of the foundation. “Donations of food or Publix gift cards will help families in our community. Volunteers are needed on Saturday, November 21st and on the 22nd for the outreach event.”

Items needed including turkeys or chickens, white rice, cranberry sauce, boxed potatoes, canned vegetables and canned gravy.

Donations can be dropped off Monday through Friday from 9 a.m. until 4 p.m. until Thursday, November 19. The outreach event will be held on Sunday, November 22.

Organizations and individuals interested in participating can contact Jody Callahan at 482-7706 or Jody@heightsfoundation.org. All donations are tax deductible. Monetary donations can be made on the web at www.heightsfoundation.org.

The Heights Foundation works to build self-sufficient families in the Harlem Heights neighborhood. The mission is to support education and wellness, promote family and community development, and provide the benefits of enrichment and the arts. The Heights Center, supported by The Heights Foundation, is a place for Education, Opportunity, and Enrichment.

Harlem Heights was originally settled as a rural agricultural community. Approximately 780 children live in a mixture of single-family homes and multi-family apartments. Demographically, the population is approximately 70 percent Hispanic, 20 percent African-American, and eight percent Caucasian. The poverty rate for children in Harlem Heights is more than twice the county average, with family income 40 percent below the county average. Families are not able to easily access family support services located in downtown Fort Myers, and benefit greatly from programs located within the neighborhood.✱

Lee Community Healthcare Receives \$1.5 Million Federal Grant

Lee Community Healthcare clinics will receive a \$1.5 million grant from the Agency for Healthcare Administration (AHCA) to expand primary care services, prevent misuse of emergency departments (ED) and avoid unnecessary hospital admissions. Lee Community Healthcare is affiliated with Lee Memorial Health System and provides primary medical care and social services to the uninsured and underinsured in the local community.

The grant will support Lee Community Healthcare in its endeavor to increase access to primary care, improve overall patient health, and enhance patient self-management of chronic illnesses through hiring additional physicians, ARNPs and support staff, and increasing the number of exam rooms and needed supplies.

During a 12-month period ending September 2015, over 5,800 of the total 17,035 Lee Community Healthcare clinic patient encounters have been individuals redirected from the ED where they presented with non-emergent medical issues.

Having Lee Community Healthcare embedded into a well-developed health care system gives them access to clinical and operational resources and promotes a continuum of care approach that includes a full range of multispecialty medical services, diagnostic care, functions that enable the delivery of quality care and in-patient hospital support.

The primary purpose of this close alliance is to provide patient care that is fully integrated into the local healthcare system in a way that results in improved overall health outcomes. Each patient becomes part of their healthcare team. Partnering with patients and managing their care with regularly scheduled visits reduces or eliminates the need for ED visits and hospital admissions.

For more information, visit www.WeCareForLee.org, or your nearest Lee Community Healthcare. Locations include: Dunbar, 3511 Dr. Martin Luther King Jr. Boulevard, Suite B, Fort Myers, 343-4910; North Fort Myers, 13279 N. Cleveland Avenue, 652-4111; and Cape Coral, 1435 SE 8th Terrace, Suite E., 424-2757.

The primary care services grant awarded by AHCA will give more than \$28 million to 60 health organizations across the state. To view a complete listing of awardees, visit: <http://ahca.myflorida.com/>.✱

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WHO? Lee County residents of all ages and fitness levels can participate as an individual or as a group

WHAT? Any form of movement qualifies, walking, running, biking, swimming and even weight training

HOW? Register at www.HealthyLee.com and on Oct. 1, start logging your miles on the Challenge Portal, powered by **Fit Nation**

The Million Mile Movement is part of Healthy Lee's mission to empower and inspire the people of Lee County to make healthy lifestyle choices through education and action.

For more information, visit www.HealthyLee.com

Baby, It's Cold Outside



by Bryan Hayes

Baby, It's Cold Outside is the title of one of my wife's favorite songs. If it were up to her, we would start listening to Christmas music around Labor Day. Every time I hear this song it reminds

me of cooler weather, especially now with the holidays being just around the corner. It means the cooler weather is on its way. With the onset of cooler temperatures, it is time to start thinking about how to stay warm.

There are different types of heat available to us in this area. The most utilized heat in our area is resistance heat. A resistance heater, in essence, is like a large toaster. It has a series of coils that have electricity passing through them, which then produces the heat. Be forewarned, this type of heat is very expensive to run. It costs as much as \$1 per hour and, on average, a resistance heating system can only raise the temperature 20 degrees above the outside temperature. So, for example, if it is 40 degrees outside, more than likely you will not achieve a toasty 80 degrees inside. This type of heating requires a little pre-planning to help save on cost and to save you

from an uncomfortable situation.

When this type of heat is turned on for the first time of the season, there is usually a burning smell that will be present. This happens because the electric coils have dust that has built up on them over the summer. The first time the coils heat up, the dust burns off. To avoid that horrible smell, pick a mild day and open all your windows, turn the heat on and let it run for at least 30 minutes. This will burn the dust off and, with the windows open, that offensive smell will quickly dissipate. Fortunately, you will only need to do this the first time you turn on your heat for the season.

The other type of heating that is used in Florida is a heat pump system. This runs just like your air conditioning system. When the AC system is set to cool, you are taking heat and humidity from inside your home and dissipating it outside. When the system is set to heat, it is taking heat that is presently outside your home and bringing it inside. This type of system is cheaper to run, but more expensive to initially buy.

Hopefully, this article has been helpful and has shed some light on the choices available here in sunny Florida. Thankfully our heating season is a very short one. But, if you have a heating issue this winter, please give us a call at Sanibel Air and Electric, Inc. We are available 24 hours a day.

*Bryan Hayes is a Sanibel air conditioning contractor. He also owns, with his brother Todd, an electrical business on Sanibel. He can be reached at Bryan@Sanibelair.com.**

Superior Interiors

Is Your Home Harmonious?



by Barb Cacchione

Webster defines harmony as, "agreement between the parts of a design or composition giving unity of effect or an aesthetically pleasing whole."

Harmony, or lack thereof, can definitely apply to interior decorating.

Have you ever walked into a home or a room that just seemed to be at odds with itself? Often times this happens because casual and informal styles of furniture are arranged side by side with elegant formal pieces. Perhaps you feel a lack of harmony because the sizes of furniture featured in the room are not proportionate to the size of the room in which it's been placed. Or, maybe the artwork is hung too high to be pleasing to the eye. Does the room seem dark and gloomy to you? That could be because it has been improperly lit for maximum enjoyment.

How do you solve unhappy design and room harmony? Perhaps, simply rearranging your furniture by transferring pieces from room to room can make a huge difference.

Often times, it is one unifying piece of artwork that helps to pull unlike pieces of furniture together. Reselecting furniture that's of the right size, shape and design is a great solution. Painting your room a unifying color that can be found in the room's upholstery or drapery fabric can also make a difference. Lighting can play a major impact adding harmony to your room. A new lamp or even a pair of decorative lamps can add a fresh new perspective to your room's design.

There's never a better time than now to think about how you can add some pleasing harmony to your room's décor! After all, wouldn't it be wonderful to walk into your home and feel happy, peaceful and uplifted? I think so!

*Barb Cacchione is an interior designer on Sanibel/Captiva Islands. She can be reached at barb@coindecden.com.**



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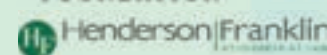
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dearRPharmacist

Collagen For Healthy Joints



by Suzy Cohen, RPh

Dear Readers:

When we think of joint pain, we often assume glucosamine to be the star. But not everyone gets better on that. Some people can't tolerate it because it is usually fish-derived. Natural collagen is available today, and it's finely ground up in particle sizes that are small enough to get absorbed by your system, and incorporated well. It's not new, there's a lot of solid research.

Undenatured Type II Collagen, sometimes seen as UC-II or UCII is a natural source of collagen that comes from chicken sternal cartilage. That's the cartilage attached to the breast bone where we get "white meat" in chicken. Once purified and encapsulated, you can buy it as a supplement.

Several studies point to its benefit for joint health. In a human clinical trial, researchers compared UCII to a combination of glucosamine and chondroitin. After 90 days, the UCII (collagen) treated group had significantly better outcomes than the group taking the chondroitin/glucosamine combo. Pain diminished among both groups. The collagen treated group had a 40 percent pain reduction

compared to a 15 percent reduction in the other group. So both groups felt better, but the collagen group fared out dramatically better.

In a more recent study in the *Journal of International Society of Sports Nutrition*, researchers wanted to see how UCII collagen would work in a preventive manner if you exercised too. This randomized, double-blind, placebo-controlled study in healthy individuals also proved the merits of collagen. The scientists chose 55 adults who had no arthritis at rest, but experienced joint discomfort with exercise or physical activity. Only half of the participants received the collagen, the other group served as the placebo.

The doctors measured knee movements and pain scores after a "stepmill" test, which is like walking an endless flight of stairs. After 120 days, they found that the collagen-treated group showed significant improvement in knee range of motion and/or extension of their knee. In addition, the collagen treated group could walk that "endless flight of stairs" longer than they could originally! The placebo group did not enjoy these types of improvement.

By the end of the research, about 20 percent of the collagen treated participants reported zero pain (yes ZERO), during or after the stepmill testing. There were no adverse effects reported. Think about that the next time you pop a drug that is known to harm your heart or stomach!

Natural UCII can be taken with, or instead of other joint health supplements. Side effects are not common, and in fact, one nice side effect is how it affects your skin. It's usually easier on the tummy compared to chondroitin and glucos-

amine. It's sold at health food stores and online, but I'd still ask your doctor if he/she minds you taking it. One more thing, the unique molecular characteristics of UCII help prevent your immune system from attacking proteins that wind up in your cartilage and joint tissue. Simply put, this means it could help reduce an autoimmune reaction that would otherwise lead to more pain and stiffness associated with osteoarthritis and rheumatoid arthritis.

This information is not intended to treat, cure or diagnose your condition. Suzy Cohen is the author of The 24-Hour Pharmacist and is a registered pharmacist. To contact her, visit www.SuzyCohen.com. ✨

Eden Energy Medicine

Heart Ache? Shift The Chakra Energy In Minutes



by Karen L. Semmelman, Certified EEM, JD, AAML (03-12)

Does your heart hurt or does your friend or child have deep heart ache? Events, such as going through a divorce, losing a loved one in death,

finding out a parent has cancer, hearing your best friend lost a limb in a car accident or diagnosed with diabetes or your neighbor had a stroke, create instant pain right into your heart. That vital organ provides inspiration for all of our highly developed mental functions: perception, intuition, awareness, spiritual desires and our ability to communicate our thoughts and emotions. Sometimes when these pieces of news are experienced, one must bend over, cradling the chest as the intensity impacts the body.

While in San Diego last month with Donna Eden, at an advanced chakra course, she demonstrated the following technique to assist in moving that profoundly deep painful ache from the heart chakra center to a lower chakra that is better able to handle it.... There are seven major chakras, from the perineum to the top of the head; all bathing the organs and systems in their area. The

heart chakra is located in the middle of the chest between the breasts and the solar plexus chakra (dealing with our ego and our identity in the world) is located between the sternum and the navel. The womb/sacral chakra is between the navel and the pelvis, and the root chakra is below the pelvis area.

Technique to shift the heart ache: Place both hands over one another, with both palms facing the floor. Gently move the hands above the heart chakra (to the top of the breasts). Sink into the painful event as you close your eyes holding your hands in this position. Gently begin pushing both hands down through the heart chakra to the solar plexus. Energy should release. If the energy does not release, continue slowly and with intention, moving your hands down the front of the body until you get to the root chakra. Stop and finish at whatever area the pain has released. It works because one of the other chakras can handle the issue when the heart couldn't. Try it whenever your heart is too hurt to smile!

Have fun with your energy! Next week's topic is "Disconnected, Dizzy, Feeling Ungrounded? BE an Elephant."

If you have a question, email Karen Semmelman at SemmEnergyCenter@gmail.com. Learn more at www.semmelmanenergy.com. EEM does not diagnose or cure illness, but working with subtle energies of the body has been shown to help many conditions. ✨

From page 17B

Women's Series

managing the finances and estate matters. If you haven't been included in the process, you may find yourself in deep water if he passes before you – even if a trustee is involved. Find out how to put an action plan together before and even after his passing that will bring structure for you or even your future beneficiaries.

"It is essential for women to feel confident and secure about making decisions in today's challenging times. WOW is designed to help our clients and friends cut through the clutter and understand the importance of planning their future," said Robin L. Cook, executive vice president, Wealth Services, The Sanibel Captiva Trust Company.

Interested WOW attendees may contact Frances Steger at 472-8300 or FSteger@sancaptrustco.com. All events are held from 9:30 to 11:30 a.m. at The

continued on page 23B

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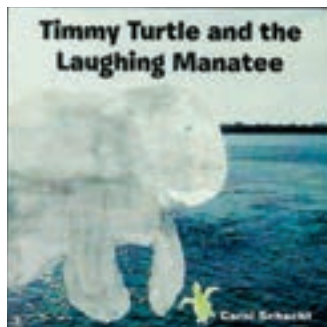
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Mom And Me



by Lizzie and Pryce

Lizzie and Pryce answer your questions and give advice about aging concerns from a two-generational perspective. A mother and daughter team, Lizzie is a retired RN and health educator, and Pryce is a licensed psychotherapist in private practice who specializes in the care of elders and people with chronic illnesses.

Dear Mom & Me,

My husband is obese, and I hate it. When we married in our early 20s we were considered a very attractive pair.

He was successful in his very stressful and demanding job, but ignored his health and continues to smoke.

Since he retired five years ago, he just sits on the sofa, drinks beer, smokes and watches TV. I am fed up.

I have only gained five pounds. I am anxious to travel, have fun and enjoy myself. I am embarrassed at his appearance and am thinking of divorcing the slob. Do you have any suggestions?

Dear Tara,

Your husband has decided how he wants to live his life, and you should have the same right.

It is impossible for anyone to change another. We can only change ourselves and sometimes that is impossible.

You must ask yourself, what do I want and what is best for me?

While you are deciding on a course of action, go on as many daily and weekly trips as you can. These are available through art societies, senior centers and college outreach programs.

Go out and have fun and when your husband sees you enjoying yourself, he may decide that maybe it would be better if he changed his own behavior. You have tried and done your best to make your situation better and then you will be in a better position to make long term plans.

Lizzie

Dear Tara,

I cannot add too much to Mom's comments.

If your husband is unwilling to have fun with you, go out and create a good life for yourself. Many women I see have developed strong support friends with others in a similar situation and are now traveling, becoming involved with community affairs, attending seminars and pursuing other interests.

If your husband wants to retire from life, that is his decision but you don't have to do it also.

Pryce

Lizzie and Pryce's email address is momandmeaging@hotmail.com.✧

Tara

Got A Problem? Dr. Connie Is In



by Constance Clancy

Q: How can I stop the drama I am having with my boyfriend?

A: Often when couples encounter drama in their relationships, they have learned this from others role-modeling

this behavior such as parents or primary caretakers. Drama is a way to avoid what is really going on inside of yourself while focusing on the other person with judgment and criticism. It is playing out a false image of ourselves and others, which is essentially a distortion of understanding relationships in the first place.

How we feel about others ultimately defines how we feel about ourselves. We can get addicted to drama by focusing on others as the target, so we can be distracted with dealing with the parts of ourselves we do not like or accept. If we can begin to be authentic in relationships and live them with awareness without making false assumptions, we can find ourselves worthy of love. When we feel worthy of love and live with genuine love and concern for one's self and another, we then have emotional integrity and we become whole whereby we live fully in mind, body, spirit and emotions. The whole is

always greater than the sum of the parts. This diffuses drama. When love becomes unconditional, we are totally seeing ourselves and others as whole. When we can live without expectations, we are not disappointed with others for being who they are because there are no conditions placed on anyone. That is where acceptance and authenticity lie. Everyone can feel the freedom to be their genuine self, and there is no place for drama to occur.

Drama is avoidable. When you find yourself delving into drama, you can eliminate it by being honest with yourself and others by having the courage to speak your truth. Say exactly what you mean, and you can eliminate drama before it becomes so overwhelming and harmful.

Constance Clancy-Fisher, EdD is a licensed mental health therapist, hypnotherapist, author and holistic stress management instructor. She can be reached at constanceclancyfisher@gmail.com.✧

From page 22B

Women's Series

Sanctuary and seating is limited. WOW sessions are designed for qualified attendees who have \$2 million of investable assets or more.✧

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FOR WEEK OF NOVEMBER 16, 2015

ARIES (March 21 to April 19) Your ruling planet, Mars, allows you to assume a sense of command that can help you turn a chaotic workplace situation into one that's orderly, productive and, yes, even friendly.

TAURUS (April 20 to May 20) Getting a relationship that's been stuck in a rut up and running again depends on how far you want to run with it. Be honest with yourself as you consider which decision to make.

GEMINI (May 21 to June 20) Be wary of rumors that seem to be coming from everywhere this week. Waiting for the facts before you act means never having to say you're sorry you followed the wrong lead.

CANCER (June 21 to July 22) A difficult personal matter might prompt you to turn to a trusted friend to help you sort through a maze of emotional conflicts. The weekend should bring some welcome news.

LEO (July 23 to August 22) Some of the new people coming into the Lion's life could play pivotal roles in future personal and professional matters. Meanwhile, an old friend might have an important message.

VIRGO (August 23 to September 22) A delay in getting things moving on schedule can be a blessing in disguise. Use this extra time to do more research so you can buttress any of the weaker points with solid facts.

LIBRA (September 23 to October 22) You might need to get involved in a personal matter before it becomes a serious problem. Also, be wary of someone offering to mediate, unless you can be sure of his or her motives.

SCORPIO (October 23 to November 21) Taking sides in a workplace or domestic dispute could prolong the problem. Stay out and

stay cool. Then you can be friends with both parties when things settle down.

SAGITTARIUS (November 22 to December 21) A friendship has the potential to become something more, and with this week's aspects favoring romance, you might feel that this possibility is worth exploring.

CAPRICORN (December 22 to January 19) The new job you want might require you to relocate. If so, keep an open mind and weigh all the positives and negatives before making your decision.

AQUARIUS (January 20 to February 18) A new relationship seems to be everything you could have hoped for. Congratulations. Meanwhile, it's not too early to get some feedback on that new project you're working on.

PISCES (February 19 to March 20) You might have decided to get out of the fast-moving current and just float around hither and yon for a while. But you might find that the new opportunity is too tempting to turn down.

BORN THIS WEEK: You believe in bringing out the best in people with kind deeds, loving words and recognition of their "special" selves.

THIS WEEK IN HISTORY

- On Nov. 22, 1718, Edward Teach, also known as Blackbeard, is killed off North Carolina's Outer Banks during a battle with a British navy force. Believed to be a native of England, Teach likely began his pirating career in 1713 on the Queen Anne's Revenge.
- On Nov. 20, 1923, the U.S. Patent Office grants Patent No. 1,475,074 to inventor and newspaperman Garrett Morgan for his three-position traffic signal. By having a third position besides just "Stop" and "Go," it bet-

- ter regulated crossing vehicles.
- On Nov. 21, 1916, the Britannic, sister ship to the Titanic, sinks in the Aegean Sea, killing 30 people. In the wake of the Titanic disaster in 1912, the White Star Line made modifications in the construction of the Britannic, but an explosion caused catastrophic damage.
 - On Nov. 19, 1969, Brazilian soccer great Pele scores his 1,000th professional goal in a game in Rio de Janeiro. It was a major milestone in a legendary career that included three World Cup championships.
 - On Nov. 18, 1978, Peoples Temple founder Jim Jones leads hundreds of his followers in a mass murder-suicide at their commune in a remote part of Guyana. Many of Jones' followers willingly ingested a poison-laced punch, while others were forced to do so at gunpoint. The final death toll at Jonestown that day was 909; a third of those were children.
 - On Nov. 16, 1988, in Pakistan, citizens vote in their first open election in more than a decade, choosing as prime minister the populist candidate Benazir Bhutto, daughter of former Pakistani leader Zulfikar Ali Bhutto. She was the first woman leader of a Muslim country in modern history.
 - On Nov. 17, 1998, DaimlerChrysler begins trading its shares on the New York Stock Exchange. The company had formed five days earlier, when the American Chrysler Corporation merged with the German conglomerate Daimler-Benz AG.

STRANGE BUT TRUE

- It was beloved British crime novelist Agatha Christie who made the following sage observation: "It is a curious thought, but it is only when you see people looking ridic-

- ulous that you realize just how much you love them."
- If you've ever yelled out a warning in panic -- "Stop!," "Run!," "Don't!" -- you've used a monepic sentence, one that is complete with just a single word. Of course, at the time you probably weren't concerned about the grammatical nature of your utterance.
 - When in New Jersey, you'd best mind your manners at the table. In that state, it's illegal to slurp your soup.
 - If you're a sky-watcher, you may already know that the center star of the constellation Orion's sword isn't actually a star; it's a nebula -- the only one visible from Earth with the naked eye. In fact, the Orion Nebula is so large that if the distance between the Earth and the sun were 1 inch, the relative size of the nebula would be 12 miles.
 - If you were to create a rope out of one full head of human hair, that rope would be able to support 12 tons.
 - It's a well-worn trope that men refuse to stop and ask for directions when they're lost. That point of view might seem to be supported by the results of a survey conducted by the American Automobile Association, which found that 34 percent of male drivers admit to stopping to ask for directions. However, the same survey found that only 37 percent of women did the same.
 - By the time he was 5 years old, 19th-century French composer Camille Saint-Saens was already composing waltzes.

THOUGHT FOR THE DAY

"Wise sayings often fall on barren ground, but a kind word is never thrown away." -- Arthur Helps

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Water's Edge	Fort Myers	3,078	\$1,200,000	\$1,336,715	34	2015
Belle Meade	Fort Myers	3,700	\$1,250,000	\$1,150,000	6	2015
Renaissance	Fort Myers	3,174	\$999,990	\$946,000	232	2015
Cape Coral	Cape Coral	2,853	\$699,900	\$680,000	91	1988
Paseo	Fort Myers	2,327	\$639,900	\$650,000	120	2014
The Masters	Estero	2,400	\$649,900	\$640,000	0	2001
Shell Mound Park	Fort Myers Beach	1,968	\$688,000	\$639,000	158	1959
Cape Coral	Cape Coral	2,683	\$639,000	\$635,000	0	1994
Riverside Yacht Club	Fort Myers	2,662	\$625,000	\$625,000	22	1994

Courtesy of Royal Shell Real Estate

From page 19B

School Smart

to help her better understand her new world at preschool. Reading with her everyday though is the best way for her to make quick gains in vocabulary and expand her current and future literacy skills.

However, frequent tantrums and

emotional meltdowns can be a sign of potential behavioral problems. If your daughter's behaviors continue to seem out of range or increase and interventions fail and her teachers become seriously concerned, an evaluation to rule out a behavioral disorder is warranted. Her teachers or your doctor should be able to recommend a behavioral specialist to consult.

There are effective treatments that can help parents and children communicate better as well as increase compliance and pro-social behaviors. For more in-depth information and guidelines on preschool behavioral issues visit www.nasponline.org/resources-and-publications/families-and-educators.

Shelley Gregg is adjunct faculty at Florida SouthWestern State College,

where she teaches psychology and education courses. She is also a nationally certified school psychologist and consultant for School Consultation Services, a private educational consulting company. Questions for publication may be addressed to smgreggs@gmail.com. Not all questions submitted can be addressed through this publication.✪

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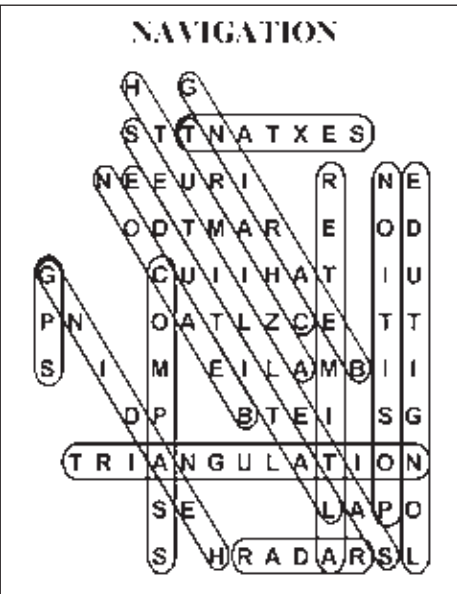
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ADELINE EIDER EYETEST
FIREVEN SLAFE REDHAIR

KING CROSSWORD

ANTI BAH EPEE
ROOM EKE NARD
KNOB TAR GRID
SENIOR SMILEY
BRA ANA
FADE YOU'REYES
CHI ERN ERA
CASCADES EDGY
MAL WIN
UNABLE AFFECT
SOYA DRY OSLO
EVEN AYE LAIR
DADA MED DUPE

MAGIC MAZE



SUDOKU

2	8	9	7	4	6	1	3	5
7	1	4	2	5	3	9	6	8
3	5	6	8	1	9	4	2	7
1	4	2	9	6	5	7	8	3
5	6	3	4	7	8	2	9	1
9	7	8	3	2	1	6	5	4
6	9	1	5	3	7	8	4	2
4	3	7	6	8	2	5	1	9
8	2	5	1	9	4	3	7	6

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• New Homes • Remodeling
• Consulting • Contracting
MATT KIRCHNER
CG-C059097
Mobile: 239-410-6932
P.O. Box 143 Phone: 239-472-2601
Sanibel Island, FL Fax: 239-472-6506

SCRAMBLERS

solution
1. Shamble; 2. Denotes;
3. Delve; 4. Entry
Today's Word
DESSERT

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With your contract a donation to your favorite charity will be made.

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DeCorteFour.com #CBC058483
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Custom Home Builders, Inc.
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New Construction Too
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★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

COMMERCIAL RENTAL

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Great office space for rent.
Great location,
700 square feet on Periwinkle.
Call Joe Gil 516-972-2883
or 800-592-0009.
*NS 4/24 CC TFN

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*NS 11/13 CC 11/13

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Licensed in Florida, New York,
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*RS 9/26 CC TFN

WANT TO TOUR A NEW SANIBEL MODEL?



Three bedroom, den, two bath with
Great Room on Sanibel.
Build on your own lot for \$360,000!
Enjoy the benefits of everything new!
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– New Everything!
Call for more information – 239-850-0979
John Gee Jr., Broker Associate and
Ann Gee, Broker Associate
Or email RealtorAnn@hotmail.com
John Gee & Company
2807 West Gulf Drive, Sanibel
*NS 10/9 CC 11/27

ANNUAL RENTAL

ANNUAL RENTALS SANIBEL

WATERFRONT HOME

This peaceful location is true Island
Living. Looking over the water with boat
dock/lift, access to Bay & Gulf.
This beautiful 3 bedroom/2 bath plus den,
piling home is UF. \$3,300/mo.



Please call for details

472-6747

Gulf Beach Properties, Inc.
Helping People Become Islanders for over 35 years!
The Island Experience!
*RS 11/06 BM TFN

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DUNES TOWNHOUSE



Dunes; spacious townhouse with
3+bdms./3 baths avail. Nov. 15-Dec.15;
Vaulted ceilings, screened in porches,
gracious living area and 2 car garage.
View is of property's swim pool and tennis
court. Steps to Bay & moments to beach.
Cable TV, Wifi internet, tel. and central AC.
Call owners directly at 508-965-3751
or e-mail: murray.camp@rcn.com
*NS 11/13 CC 11/13

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*RS 1/4 BM TFN

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239-579-0511
*RS 1/4 CC TFN

SEASONAL RENTAL

RE/MAX OF THE ISLANDS

Putting owners and
tenants together
Call Ryan Block
www.remax-oftheislands.com
239-472-2311
*RS 1/23 BM TFN

BEAUTIFUL AND FUN SANIBEL HOME

3B/3½B, West end, porches, bonus room,
dock, pool, garage, beautifully furnished,
near golf and Captiva. Call 239-472-0228.
*NS 11/06 CC 11/13

SANIBEL COTTAGE FOR RENT

3B/2B Private mid island location. Walk to
many island conveniences & easy bike ride
to bay/gulf beaches. Fully furnished incl
w/d. Nov-April \$1,300 wk. \$4,000 month
May-Oct \$800 wk \$3,000 month
773-507-8095
*NS 2/27 CC TFN

SERVICES OFFERED

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On Island Free Estimates.
Over 15 Years Experience.
Offering Professional Upholstery Services,
Custom Art and Hand Painted Furniture.
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*NS 1/23 CC TFN

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Indoor/Outdoor, Insured/Professional
upbeat & trustworthy!
Call Jessy for an honest Estimate.
239.994.9286
*NS 9/18 CC 11/20

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Residential Cleaning to Satisfaction
Sanibel & Captiva • 239-565-0471
Sanibel Lic. #11412 Lee Co. Lic. #051047
*NS 1/4 PC TFN

SCARNATO LAWN SERVICE

Lawn Service, Shrubs and Tree Trimming
Weeding, Installation of Plants, Trees and
Mulch (one month free service available)
Joe Scarnato (239) 849-6163
scarnatolawn@aol.com
*RS 1/25 BM TFN

SERVICES OFFERED

CAREGIVER

Caregiver CNA lic., 16 years experience.
F.I.S.H. background check/referral.
Sanibel references. Shop, pet care, meal
prep., med. mgt., housekeeping, etc.
Sheila - 239-850-7082.
*NS 10/16 CC TFN

HOME/CONDO WATCH CONCIERGE SERVICES

Dorado Property Management
* Island Resident * Licensed & Insured
* 24/7 * www.doradoproperty.com
Call Lisa or Bruce at 239-472-8875
*RS 3/21 CC TFN

SANIBEL HOME WATCH

Retired Police Captain
Lives on Sanibel
Will Check Your Home Weekly
Very Reasonable Rates
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*RS 1/4 BM TFN

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Office & Store Maint.
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MALE MEDICAL ASSISTANT PHLEBOTOMIST/CLINICAL SKILLS INSTRUCTOR.

Areas of Expertise:
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Diabetes-related illnesses,
Ostomy care,
In-home Dialysis, E.O.L.
Please contact
Captiva1@yahoo.com or 239-246-4688
*NS 11/06 CC 11/13

SAFE HAVEN PRIVATE CARE

Care giver looking for private home care
case in Lee and Collier County
Are you looking for "not just anyone" who
can take care of you or your loved one.
Safe Haven Private Care, LLC may be a
perfect fit. I am an insured and bonded
care giver, which gives you the satisfaction
of reliability and quality. Here are some of
my services that I provide:
Medication reminder, light house keeping,
companionship and conversation, meal
preparation, shopping, appointment setting
and reminders and bathing.
Please email me at customerservice@
safehavenllc.com or call me for more
information at 239-848-7764
*NS 11/06 CC 11/20

HELP WANTED

HOUSING ADMINISTRATOR

Community Housing and Resources, Inc.
(CHR) is seeking applicants for a
full-time, fully benefitted
Housing Administrator position.
Major duties include:
Management of 74 rental units and main
contact with CHR residents including
duties such as: Processing applications for
new and renewing tenants; Managing
complaints and investigating nuisances;
Dealing with breaches of tenancy and
leasehold agreements; Supervision of
the maintenance worker position and
coordination of routine repairs and
maintenance; Development of policies
to ensure equitable and efficient housing
management; Ensure program compliance
with local state and federal policies

Qualifications:

Minimum experience
Five years in an office setting; Ability to
critically read and understand rules that
govern fair housing; Strong writing skills;
Demonstrated knowledge of Microsoft
Office software including Word and Excel
(short basic skills test during interview);
Demonstrated experience working with a
database; A level of life experience
and maturity to handle
landlord/resident relations
Preferred experience:
Quickbooks software; Property
management and/or knowledge of HUD
rules; Housing database; College degree;
Send resume and cover letter to:
CHR Hiring Committee
2401 Library Way, Sanibel, FL 33957
by Monday, November 23, 2015 by 3 p.m.
Sanibelchr.org.
EOE
*NS 11/13 CC 11/20

JERRY'S FOODS WAITRESSES OR WAITERS

Looking for experienced Waitresses or
Waiters with open availability Monday
through Sunday. If interested call
and ask for Kim 472-9300.
*NS 5/29 CC TFN

VOLUNTEERS NEEDED

Volunteers needed for light general
maintenance. Call (CHR) Community
Housing & Resources, Inc. 472-1189.
*NS 11/1 NC TFN

VOLUNTEERS NEEDED

The Bailey-Matthews National Shell
Museum needs Education and Great Hall
volunteers. No experience necessary, will
train. Please contact Melanie at
(239) 395-2233 ext 11.
*NS 7/11 NC TFN

★ ★ ★ CLASSIFIEDS ★ ★ ★ CLASSIFIEDS ★ ★ ★

HELP WANTED

HAIR STYLIST BOOTH RENTAL AVAILABLE

Join our Professionals at the New McGregor Salon. Increase your income, be your own Boss. Positive, friendly, comfortable atmosphere. Close to FMB & Sanibel. Located in the busy, McGregor Pointe Shopping Center near K-mart. For Info call Anita 239-233-9882
*RS 3/13 CC TFN

CFO-CONTROLLER

Part Time Flexible 5-15 hrs a week Sanibel Sunglass Company is an emerging force in the sunglass retail industry with 14 stores nationwide and growing quickly! Our corporate office and flagship store are located on Sanibel Island. Our tagline, Live Outside... not only depicts the active, outdoor products we sell, but also represents our culture and team of talented and positive individuals. We are looking for that dynamic Financial brain that has the time to fit in overseeing a very small accounting team and offer higher level accounting/financial guidance to the owners. Perfect for a retired Sanibel Island snowbird or local resident. If you are interested please call Birgit Peck 406.579.0503 cell or email birgit@sanibelsunglasscompany.com.
*NS 11/06 CC 11/13

VEHICLES FOR SALE

BRITISH SPORTS CAR 1980 TRIUMPH TR7

Green/Tan Anniversary Model
96K miles, Convertible,
beautiful condition, runs well
\$5,000. 352-362-8576
*NS 11/06 CC 11/27

GOLF CART FOR SALE



Street legal, "gas" powered.
\$6,500. 239-209-6500
*NS 7/17 BM TFN

FOR SALE

DESIGNER FURNITURE

Like new, Robb & Stucky Living Room and Den furniture currently used in 2,800 square feet luxury condominium. Owners moving off-island using different decor. Items include sectional sofa, chair and ottoman, wrought iron & glass cocktail table, 4-piece entertainment unit, and sleeper sofa. Photos and pricing furnished on request. (239) 472-2696.
*NS 11/13 CC 11/20

FICTITIOUS NAME

FICTITIOUS NAME NOTICE

Notice is hereby given that Kevin Richards, desiring to engage in business under the fictitious name of Kevin Richards Island Valet, located in Lee County, Florida, intends to register the said name with the Division of Corporations, Florida Department of State, pursuant to section 865.09 of the Florida statutes.
*NS 11/13 CC 11/13

CAUTION

GARAGE • MOVING • YARD SALES

YARD SALE

Saturday
8 a.m. - 1 p.m.
1734 Bunting Lane, Sanibel
*NS 11/13 CC 11/13

MULTI FAMILY GARAGE SALE

Saturday, November 14
from 8 a.m. to 1 p.m.
1095 Sandcastle Road
Furniture, antiques. Lots more.
You won't be disappointed.
*NS 11/06 CC 11/13

3rd ANNUAL ZONTA CLUB GARAGE SALE

Friday 11/20 8 am-3 pm
Saturday 11/21 8 am-?
1046 Sand Castle (Dunes)
Please obey parking guides
Tons of Great Stuff
www.ZontaSanCap.com
*NS 11/13 NC 11/20

MULTI FAMILY GARAGE SALE

Neighborhood multi family Garage sales
Saturday Nov. 21st at 9 AM
Roseate Lane Sanibel Off Purdy Look
for signs Balloons Small freezer many
household Kitchen items captain chairs
costume jewelry lighting fixtures too much
to mention Must come and take a peek.
Rain date Nov 28th NO EARLY BIRDS
*NS 11/13 CC 11/20

LIVE ON THE ISLANDS

The Jacaranda has live entertainment Friday and Saturday with The Wildfire Blues Band, playing classic rock and R&B. Sunday is Average Joe, playing rock, soul, contemporary and dance. Renata plays funk, jazz, contemporary and dance on Monday. On Tuesday, it's Sir Mitch, playing classic rock, R&B and dance. Wednesday is Barbara Dexter, playing contemporary, oldies and current hits. Thursday is Eric Malibu, playing contemporary, reggae and dance.

The Crow's Nest Beach Bar & Grille at Tween Waters Inn on Captiva has live entertainment with Bad Banditos on Friday and Saturday. Crab shows are on Mondays and Thursdays.

The Mucky Duck on Andy Rosse Lane, Captiva features music by Gary Earle on Thursday and Friday. Gene Federico plays on Saturday. Gary Earle plays Sunday; Mark Dupuy plays on Monday; Perry English plays on

Tuesday; and Gene Federico plays on Wednesday.

Sea Breeze Café at Sundial Beach Resort & Spa has live island style entertainment on Mondays and a Spanish guitarist on Wednesdays.

Traditions on the Beach at Island Inn has live music Friday and Saturday with Joe McCormick and Marvilla Marzan, playing R&B, jazz and pop. Woody Brubaker performs on Wednesday. Joe McCormick and Marvilla Marzan play on Thursday.

Il Cielo has live entertainment with Scott McDonald on Thursday, Friday and Saturday.

The Island Cow on Periwinkle Way has live entertainment on Friday with Gene Federico. Jay Helt plays on Saturday. Dan Confrey plays on Sunday.

RC Otter's on Andy Rosse Lane, Captiva, has live music daily with dining inside and out.

Restaurant owners/managers, please email or fax any changes to your entertainment schedule to press@islandsunnews.com or 395-2299.✪

BOATS - CANOES - KAYAKS

FOR SALE

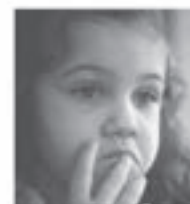
10 Ft. Dingy w/2 1/2 HP MERC.
4 Stroke Motor. \$995. FIRM.
239-233-2930.
*NS 11/13 CC 11/13

DOCKAGE

Hourly, Daily, Weekly
and Monthly.
Captiva Island 472-5800
*RS 1/4 NC TFN

To those who are hungry, \$20 is a fortune.

But \$20 can feed a family of four
for a week, thanks to the...



Harry Chapin Food Bank!

The Food Bank can acquire \$6 of nutritious food for every \$1 you donate, turning your \$20 into a week's worth of meals for a family of four...

Thank you for your generosity!



Scan to
connect to
the Food
Bank!

Mail your tax-deductible donation to:
The Harry Chapin Food Bank
1760 Fowler Street, Fort Myers, FL 33901
Call (239) 334-7007
Or donate online at:
www.harrychapinfoodbank.org



Island Sun
FOR THE ISLANDS

TO PLACE A CLASSIFIED LOG ONTO: **IslandSunNews.com**

CLICK ON **PLACE CLASSIFIED**

Pets Of The Week



Ralph ID# 634217



Jackie ID# 638581

Hello, my name is Ralph. I'm a 6-year-old neutered male Pit Bull Terrier with red and white colors. If you think my head is big, you should see my heart; it's as big as the sky. I'm an easy going gentle hunk of a guy with a lower energy level. I'm not too young and not too old; I'm just right. I haven't met anyone I don't like, and I'm super affectionate. I'm the perfect dog friend.

My adoption fee is \$25 as it is for all pets 6 years and over.

Hello, my name is Jackie. I'm a 2-year-old female tortie domestic short hair. I am a very affectionate and beautiful kitty. I'm a little shy but will warm up to you quickly. I would love to be your one and only.

My adoption fee is \$20 (regularly \$75) during Animal Services' "Pet'acular Thanksgiving" Adoption promo. Cats & kittens are also two for one adoption fee.

For information about this week's pets, call 533-7387 (LEE-PETS) or log on to Animal Services' website at www.LeeLostPets.com. When calling, refer to the animal's ID number. The website updates every hour so you will be able to see if these or any other pets are still available.

The shelter is open for adoptions from 10:30 a.m. to 3:30 p.m. Monday through Saturday. The shelter is located at 5600 Banner Drive in Fort Myers, next to the Lee County Sheriff's Office off Six Mile Cypress Parkway.

All adoptions include spay/neuter surgery, age-appropriate vaccinations, rabies vaccination and county license if three months or older; flea treatment, worming, heartworm test for dogs six months and over, feline AIDS and leukemia test for cats, training DVD, 10-day health guarantee, and a bag of Science Diet pet food.

*The adoption package is valued at \$500.**

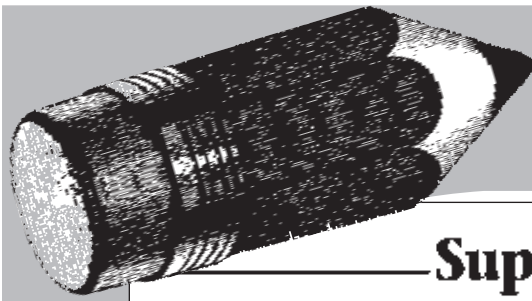
Island Sun

NEWSPAPER
Sanibel & Captiva Islands

CALLING CARD 239-395-1213

Emergency	911
Sanibel Police	472-3111
Lee County Sheriff's Office	477-1200
On Call Captiva Deputy	477-1000
Fire Department - Sanibel	472-5525
Fire Department - Captiva	472-9494
Florida Marine Patrol	332-6966
Florida Highway Patrol	278-7100
Poison Control	1-800-282-3171
Chamber of Commerce	472-1080
City of Sanibel	472-4135
Administrative Office	472-3700
Building Department	472-4555
Planning Department	472-4136
Library - Sanibel	472-2483
Library - Captiva	239-533-4890
Post Office - Sanibel	472-1573
Post Office - Sanibel (toll free)	800-275-8777
Post Office - Captiva	472-1674
Sanibel Community Association	472-2155
Center 4 Life - Senior Center	472-5743
ARTS	
Arcade Theater	332-4488
Art League Of Fort Myers	275-3970
BIG ARTS - Barrier Island Group for the Arts	395-0900
Broadway Palm Dinner Theatre	278-4422
Fort Myers Symphonic Mastersingers	288-2535
Gulf Coast Symphony	472-6197
Lee County Alliance for the Arts	939-2787
Naples Philharmonic	597-1111
The Herb Strauss Schoolhouse Theater	472-6862
Sanibel Music Festival	336-7999
Sanibel-Captiva Art League	472-4258
SW Florida Symphony	418-0996
CLUBS & ORGANIZATIONS	
ABWA - American Business Women's Assoc.	565-7872 or 433-7798
American Legion Post 123	472-9979
Angel Flight SE	1-877-4AN-ANGEL
Audubon Society	472-3744
CHR Community Housing & Resources	472-1189
Community Foundation of Sanibel-Captiva	274-5900
CROW - Clinic For The Rehabilitation of Wildlife	472-3644
FISH of Sanibel - Friends in Service Here	472-4775
Sanibel Island Fishing Club	472-8994
Horticultural Society of the Islands	472-6940
Horticulture and Tea Society of Sanibel and Captiva	472-8334
Kiwanis Club	677-7299
League of Women Voters	sanibelLWV@gmail.com
Lions Club, Jeff MacDonald	302-521-1158
Master Gardeners of the Islands	472-6940
MOAA - Military Officers Assc. of America, Alex MacKenzie	395-9232
Newcomers	472-9332
Notre Dame Club of Southwest Florida	768-0417
Optimist Club	472-0836
PAWS	472-4823
Rotary Club	472-7257 or 472-0141
Sanibel Bike Club	sanibelbicycleclub.org
Sanibel Beautification Inc.	470-2866
Sanibel-Captiva Orchid Society	472-6940
Sanibel-Captiva Power Squadron	www.usps.org/localusps/sancap
Sanibel-Captiva Republican Caucus	395-1202
Sanibel-Captiva Shell Club	395-1770
Sanibel Youth Soccer	www.sanibelsoccer.org 395-2040
United Way of Lee County	433-2000
United Way 211 Helpline 24 hour	211 or 433-3900
Zonta Club	728-1971
ISLAND ATTRACTIONS	
Bailey-Matthews National Shell Museum	395-2233
JN "Ding" Darling National Wildlife Refuge	472-1100
Sanibel Historical Museum & Village	472-4648
SCCF Sanibel-Captiva Conservation Foundation	472-2329

To be listed in calling card email your information to:
press@islandsunnews.com



BEACH CHAIR PASTIME

answers on page 27B

Super Crossword

GINGER
ROOTS

ACROSS

- 1 Like a game ending sooner
8 Fireplace residue
13 Armant of fashion
20 Raw metal for smelting
21 Davis who played The man
22 Caligula, c.g.
23 She was one of the Spice Girls
25 Arranged, as articles for display
26 "Milk" director Gus Van —
27 Kid in diapers
28 "CSI: Miami" star
34 Jail cell resident
35 Perfect diving score
36 "Turn On the Radio" singer
40 More cagey
45 Oil-catching receptacle
46 Mileage rating org
47 — gras (goose liver paste)

- 48 Eon subunit
49 "Oh yeah? who?"
50 O-U queue
52 Grandson of Elizabeth II
56 Actress Jessi
59 Kennel cry
62 Her product
63 "Red" or "White" team
64 Comic known for her Tarzan yell
68 Advanced study group
72 George Jolson's son
73 Items needed to make something
76 Take flight to unite
77 Record label since 1950
79 "Always on My Mind" singer
81 Mo.
82 Pres. on a 1970s dollar
84 Suffix with Senegal
85 As curious as —
86 Big name in late-night talk
91 It aired "Moesha"

- 93 — Nabisco (old corporation)
96 Band of two
97 Pleasures
98 Most mo.
101 Impersonate
104 Writer Upton
107 Grammy-winning diva
109 Greek offering, briefly
110 Draw upon
112 Flies of Botswana
113 Scientology founder
118 Goller's goal
119 Fennel, e.g.
123 Make passé needed
124 Bolshevism founder
128 "Sweet" lady of song
129 Duck variety
130 Visual acuity exam
131 Workers going to blazes
132 Animal trap
133 Trail shared by 10 people featured in this puzzle

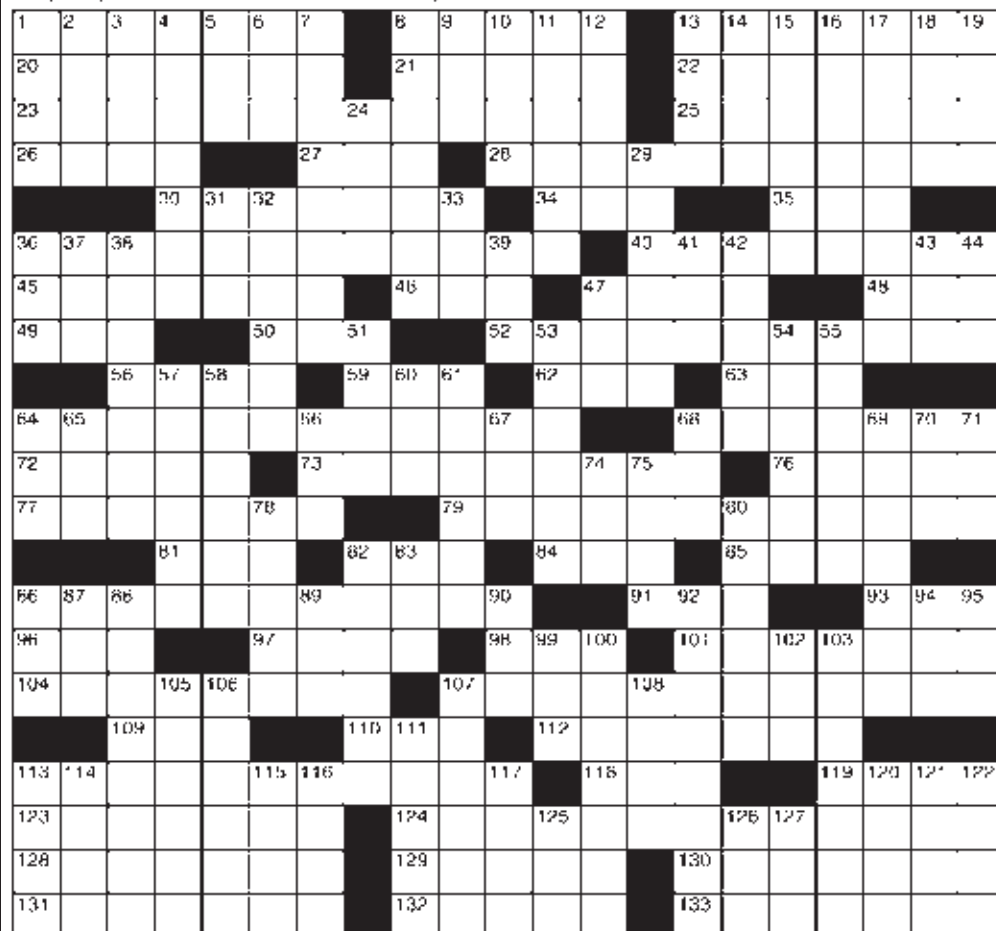
DOWN

- 1 British judges' wear
2 Atlas statistic
3 Forsaken, old-style

- 4 Ski mask or tuque
5 Partner of "ash"
6 Italian monk's title
7 Sharpie and Flai products
8 File up
9 Use stitches
10 Obey
11 Interweave
12 Loud salute
13 Neuter, as a horse
14 Apple choice
15 Codomo, e.g.
16 Sketched again
17 Alternative to a fly ball
18 Debt slips
19 — put it another way
24 Pork —
29 Lush way to celebrate something
31 Current unit
32 Beetle type
33 Itsy-bitsy bite
36 Lines on city maps: Abbr.
37 Sooner than, poetically
38 Grotesque
39 Jay-Z music
41 Sound from a lute

- 42 See 61-Down
43 Act humanly
44 Light shaft
47 Source of Eve's leaves
51 Banks on a runway
53 Fix a mosaic on, e.g.
54 Class using a fridge
55 Ampl., anatomically
57 "No hands!" prelude
58 Kids' author Enid
60 Cupboard pest
61 With 42-Down, Hall-of-Fame Dodgers shortstop
64 Middle mark
65 100 percent
66 Thurman of films
67 More than b
68 Writ dir.
69 Akin target
70 Mt. address
71 Nutty TV dog
74 Two racing Unsers
75 In — of
78 Spanish table wine
80 Keranga and Sinatra

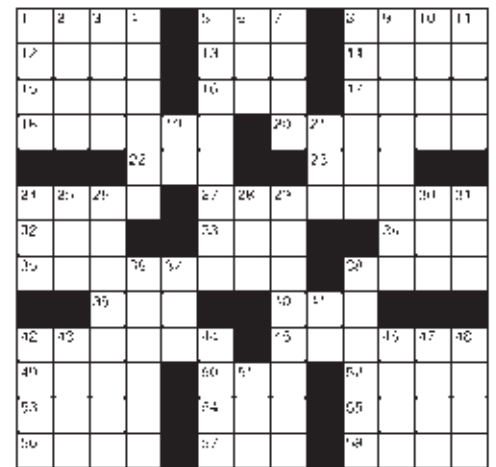
- 82 Marinade alternative
83 Bad-mouth
86 PC inserts
87 Yves' "yes"
88 Election abstainer
89 "Sk8er" (2002 Avril Lavigne hit)
90 No. 10 Burns
92 More trifling
94 I-M link
95 Lo- screen
99 GI rank
100 Breathe series hero
102 China's Lao-
103 "Millennium" series heroine Salander
105 Vigil light
106 "To life!" toast
107 City divided until 1990
108 Staples unit
111 Socks away
113 Loll around
114 Designer Gernreich
115 Reader (magazine)
116 "I've — had!"
117 Baby's pop
120 Most draft-eligible
121 Not yet final, at law
122 —acle
125 — Spiegel
126 Seedy bread
127 Steered



King Crossword

ACROSS

- 1 Opposed
5 "Humbug."
8 Duel tool
12 Leeway
13 — out a living
14 Ointment-yielding plant
15 Handle
16 Paving material
17 Puzzle diagram
18 Floor
20 Le Carre hero
22 Support system?
23 Literary collection
24 Disappear gradually
27 "Close and I'll kiss you ..."
32 Greek X
33 Sea eagle
34 Geologic period
35 Waterfalls
36 Nervous
39 — de mer
40 Victory
42 Power ass
45 Have an impact on
49 Protein bean



- 50 Parched
52 Norway's capital
53 — ad
54 Favorable vote
55 Den
56 App's genre
57 Club —
58 Cat's-paw

DOWN

- 1 Clumsy boots
2 Filch
3 Animated character
4 Drink
5 Sold out

- 6 Alias abbr.
7 His and —
8 Motor
9 Exploited successfully
10 Pennsylvania port
11 Vortex
19 On the other hand
21 Scratch
24 TV watch-dog org.
25 "Eureka!"
26 Unnerved
28 Raw rock
29 Still in need of convincing
30 Work unit
31 Put into words
36 Poolside structure
37 The whole enchilada
38 Hug
41 Kipling poem
42 Worked with
43 PBS science show
44 Cheese choice
46 Birthright
47 Film sample
48 Rent
51 Deli loaf

MAGIC MAZE • NAVIGATION

U Q O L H I G G D B Y W T R D
P M K I S T T N A T X E S F A
D B Y N E E U R I W U R S N E
Q O M K O D T M A R I E F O D
D G B Z X C U I I H A T W I U
U P N S Q O A T L Z C E O T T
N S L I J M H E I L A M B I I
F D C A D P Y W B T E I V S G
T S (T R I A N G U L A T I O N)
Q P N L K S E I H F E L A P O
C B Z Y W S V H R A D A R S L

Find the listed words in the diagram. They run in all directions: forward, backward, up, down and diagonally.

Altimeter	Chart	Latitude	Satellites
Azimuth	Compass	Longitude	Sextant
Beacon	GPS	Position	Triangulation
Bearing	Heading	Radar	



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